

GRAND ISLAND CHAPTER



Grand Island members attending state convention.

2006 - 2007 CHAPTER OFFICERS

(L to R)

President Pam Ondracek, CMA
Vice President: Lisa Hoffman, CMA
Immediate Past President: Kelly Dobesh, CMA, CPC, RCC
Secretary: Kelly Dobesh, CMA, CPC, RCC
Treasurer: Barbara Carter, CMA

2006 - 2007 STANDING COMMITTEES

Bylaws Debra Potratz, CMA
Courtesy April Mora, CMA
Historian Pam Ondracek, CMA
Membership Lisa Hoffman, CMA
Program & Education Penny Moritz, CMA

2006 - 2006 PHYSICIAN ADVISOR

John P. Reilly, M.D.
2444 W. Faidley Ave.
Grand Island, NE 68803

Grand Island Chapter business meetings and CEU speakers are the last Tuesday of September, November, January, and March.

MEMBERS OF THE GRAND ISLAND CHAPTER

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
Heather Anderson, CMA Rt. 2 Box 201 Loup City, NE 68853 402-474-0804 heathera03@hotmail.com		Sabrina Marie Dickey, CMA 607 W. Louise St. Grand Island, NE 68801 308-389-2405 smdickey@charter.net	
Rebecca Ruth Babb P.O. Box 145 110 Main Street Erickson, NE 68637-0145 livefree_2@yahoo.com	Valley County Hospital Ord, NE	Kelly Dobesh, CMA, CPC, RCC 10614 N. Schimmer Drive Wood River, NE 68883 308-384-4430 kdob@aol.com	Grand Island Radiology 2808 Old Fair Rd. Ste. 1 Grand Island, NE 68803 308-382-6856
Deborah D. Bradley, CMA Student 31625 Poole Road Ravenna, NE 68869 308-452-3669 bradley@nctc.net		Camalla M. Eynetich, CMA 4010 Norseman Ave. Grand Island, NE 68803 308-390-4141 teynetich@carter.net	Central Nebraska Ortho & Sports Med. 908 North Howard Ave. Grand Island, NE 68803 308-384-5400
Barbara S. Carter, CMA 313 Carey St. Grand Island, NE 68802 308-382-0321	Grand Island Clinic 2444 W. Faidley Ave. Grand Island, NE 68803 308-382-1100 FAX 308-382-6623	Susan Kosmicki- Foss, LRT, CMA 3019 W. 17 St. Grand Island, NE 68803 308-382-9225	Grand Island Ear, Nose & Throat Clinic 704 N. Alpha St. Grand Island, NE 68803 308-384-5700 FAX 308-384-4305
Choi Mee Chong 2415 W. North Front Grand Island, NE 68803 cynthiachong@aol.com 308-381-9947		Brenda Kay Gautier, CMA 706 H Street Aurora, NE 68818 402-694-2732 bkgautier@hotmail.com	Aurora Medical Clinic 1423 7th St. Aurora, NE 68818 402-694-3191
Anya M. Clingenpeel 4228 Norseman Ave. Grand Island, NE 68803 anyaclingenpeel@hotmail.com 308-381-7217		Lisa Marie Hoffman, CMA 4367 W. Capital Ave Grand Island, NE 68803 308-382-0808 lisahoffman0624@msn.com	Grand Island Clinic 2444 W. Faidley Ave Grand Island, NE 68803 308-382-1100 FAX 308-382-6623
Jilleen Cooksley, CMA HC 71, Box 107 Anselmo, NE 68813-9747 308-935-1276		Linda Jacobsen, CMA 1122 Kendell St. St. Paul, NE 68873 308-754-5288	
Beverly J. Dahlkoetter, CMA 2418 Parkview Drive Grand Island, NE 68801 308-382-6279 JBCdahlk@hamilton.net	Grand Island Ear, Nose & Throat Clinic 704 N. Alpha St. Grand Island, NE 68803 308-384-5700 FAX 308-384-4305	Holly Jensen, CMA 1406 North N. Rd. Aurora, NE 68818 402-694-3310 rhjenson@dtnspeed.net Cell # 402-631-9812	
Mary Pat Davey, CMA PO Box 22 400 E. O'Neill Ave. Greeley, NE 68842-0022 308-750-6629 marypat7206@yahoo.com	Boone County Medical Clinic 1019 S. 8th Albion, NE 68620 402-395-5013	Maxine J. Koefoot, CMA 2820 Kingston Circle Grand Island, NE 68803 308-382-5887	

Home

Marlene Kosmicki
324 Taylor St
St. Paul, NE 68873
308-754-4156
Marlene@gientpc.com

Tricia Pearl Kuszak, CMA
1122 Kendell St.
St. Paul, NE 68873
308-745-0815

Diane Lamberson, LSO, CMA
1120 Davis St.
St. Paul, NE 68873
308-754-5105
dnlamberson@yahoo.com

Tennille T. Lindgreen, CMA
1409 W. Charles St.
Grand Island, NE 68803
308-384-3833

Rita Mathre, CMA
2006 N Grand Island Ave
Grand Island, NE 68803
308-385-2815

Lori Ann McMullen, CMA
111 Lakeview Circle, Apt. 5
Grand Island, NE 68803
loriann_cma_ortho@yahoo.com

April J. Mora, CMA
1003 W. Louise St
Grand Island, NE 68801
308-395-0781

Penny Moritz, CMA
5413 Randolph Circle
Hastings, NE 68901
402-461-4438
mikenpenny@huskeraccess.com

Pam Ondracek, CMA
PO Box 6
Wolbach, NE 68882
308-246-5314

Office

Grand Island Ear, Nose
& Throat Clinic
704 N Alpha St
Grand Island, NE 68803
308-384-5700
FAX 308-384-4305

Howard County Hospital
PO Box 405
St. Paul, NE 68873
308-754-4421
FAX 308-754-5449

St. Francis Medical
Center
Student Wellness Center
2124 N Lafayette Ave
Grand Island, NE 68803
308-384-2265
FAX 308-384-2243

Geiger & Dietze
Ophthalmology
715 N. Kansas Ave
Hastings, NE 68901
402-462-9009
FAX 402-462-8090

Grand Island Clinic
2444 W Faidley Ave
Grand Island, NE 68803
308-382-1100
FAX 308-385-0781

Home

Cynthia S. Owens, CMA
PO Box 94
265 South Oak
Polk, NE 68654
402-690-0078

Heather Phelps, CMA
4407 Loveland Dr.
Kearney, NE 68845
308-237-0894
dhmadsen@frontiernet.net

Susan M. Poland, CMA
PO Box 54
402 Gregory St.
Litchfield, NE 68852
308-446-2394
spolandpc@yahoo.com

Debra K. Potratz, CMA
814 Sweetwood Drive
Grand Island, NE 68803
308-382-6123
dpotratz@charterinternet.com

Constance L. Reimers, CMA
993 15th Ave.
St. Paul, NE 68873
308-754-4730
creimers@kdsi.net

Lisa Rynearson, CMA
PO Box 54
Ansley, NE 68814
308-750-5568

Carol Vincik, CMA
916 14th Street
Aurora, NE 68818
402-694-5893

Office

Grand Island Clinic
2444 W Faidley Ave
Grand Island, NE 68803
308-382-1100
FAX 308-382-6623

Central District Health
Dept.
1132 S. Locust St
Grand Island, NE 68803
308-385-3175 ext 179
FAX 308-385-5181

Grand Island ENT
Clinic
740 N Alpha St
Grand Island, NE 68803
308-384-5700
FAX 308-384-4305

GREAT PLAINS CHAPTER



**Sue Ellen Foster, CMA
and Andy Stewart, MLT, CMA**

2006 - 2007 OFFICERS AND COMMITTEES

PresidentSuellen Foster, CMA
 SecretaryMary Kinney, CMA
 Committees ChairAndrea Stewart, MLT, CMA

2006 - 2007 PHYSICIAN ADVISORS

Dan Nguyen, MD
 319 East B St.
 North Platte, NE 69101
 308-532-2130, Fax: 308-532-0246

Jeffrey Brittan, MD
 611 W. Francis, #100
 North Platte, NE 69101
 308-534-2532

Great Plains Chapter meetings are the 2nd Tuesday of the month. Officers are elected in April.

MEMBERS OF THE GREAT PLAINS CHAPTER

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
SUELLEN FOSTER, CMA 7461 N ESHLEMAN RD NORTH PLATTE, NE 69101 308-354-2228	DAVID LINDLEY, MD 811 WILLIAM NORTH PLATTE, NE 69101 308-696-2273	ANDREA STEWART, MLT, CMA PO BOX 432 SUTHERLAND, NE 69165 308-386-2464 mahkj@gpcom.net	DAN NGUYEN, MD 319 EAST B ST. NORTH PLATTE, NE 69101 308-532-2130 FAX 308-532-0246
MARY KINNEY, CMA, LRT 3119 WEST 2ND NORTH PLATTE, NE 69101 308-534-6515	JEFFREY BRITTAN, MD 611 W FRANCIS, #100 NORTH PLATTE, NE 69101 308-534-2532		

HASTINGS CHAPTER



2006 - 2007 CHAPTER OFFICERS

President	Kathy Uldrich, Medical Assistant
Vice President	Sally Elley, CMA
Secretary	Sarah Klein, CMA
Treasurer	Ann Vodicka, CMA

2006 - 2007 STANDING COMMITTEES

Membership	Shelly Meyer, CMA
Historian	Linda Schriener, CMA
Publication	Trista Peters, CMA
Nominations	Carol Muske, CMA
Certification	Tara Niles, CMA, Lisa Zimmerman
Program and Education	Wendy Judy, CMA; Renee Paulson, CMA; Michel McKinney, CMA
School Report	Michel McKinney, CMA, Carol Muske, CMA

2006 - 2007 PHYSICIAN ADVISORS

Gary Chingren, MD
Hastings Orthopaedic & Sports
Medicine Specialists, P.C.
606 N. Minnesota
Hastings, NE 68901

David S. Halsted, MD
Nebraska Urology Center, P.C.
2115 N. Kansas Ave.
Hastings, NE 68901

John Van Metre, MD
Primary Care Center
715 N. Kansas Ave.
Hastings, NE 68901

Hastings Chapter business meetings and CEU speakers are the first Tuesday of September, October, November, January, February, March (Election of officers), April & May with the installation of officers.

MEMBERS OF THE HASTINGS CHAPTER

Home

Joan L Alberts, CMA
111 S Main St
Saronville, NE 68975-9746
402-773-5604

Audrey M Bauer, CMA
421 S St Joseph
Hastings, NE 68901
402-462-4073

Karla J Blackstone, CMA
Rt 2 Box 18
Superior, NE 68978
402-879-5263

Sally A Elley, CMA
710 W 35th
Hastings, NE 68901-4159
402-463-2923
sea1740@alltel.net

Laura B Gilbert, CMA
1247 Academy Ave
Hastings, NE 68901
402-469-0644
lauragilbert@charter.net

Diana K Harrifeld, CMA
406 S Ash St
Blue Hill, NE 68930
402-756-3125
harrifeld@gtmc.net

Charlotte Hennings
PO Box 85
510 Main
Funk, NE 68940
308-263-2155

Carol L Hipke-Muske, CMA
745 N. Denver
Hastings, NE 68901-4442
402-463-7976
b_a_cma@hotmail.com

Leslea K. Hohman, CMA
112 S Clay
Clay Center, NE 68933
402-762-3964

Ann M Ibach, CMA
221 E Roger Welsch
Dannebrog, NE 68831
308-226-2683

Office

jalberts@mlmh.org

402-461-5269

402-759-4568

barrycrpduster@
superiorinet.net

402-879-4781

Hastings Orthopedics &
Sports Medicine
Specialist, P.C.
606 N. Minnesota Ave
Hastings, NE 68901
402-462-2139
FAX 402-462-2381

The Retina Center
of Nebraska
2115 N Kansas Ave
Ste. 104
Hastings, NE 68901
402-461-4611
FAX 402-461-4616

Hastings Head Start
402-462-4187

Nebraska Urology
Center, P.C.
2115 N. Kansas Ave.
Ste 201
402-462-5109
FAX 402-462-6368

402-463-6793

V.A. Med Center
2201 N. Broadwell
Grand Island, NE 68803
308-389-5122

Home

Wendy J Judy, CMA
210 E 6th St
Hastings, NE 68901
402-461-3130
breezer522@inebraska.com

Sarah D Klein
116 Lakeview Circle, Apt 6
Grand Island, NE 68803
402-469-2505

Tamara Kohmetscher, CMA
2425 Road 3100
Deweese, NE 68934-8015
402-262-2330
dtkohm@hotmail.com

Karie E Koster, CMA
719 E 6th St
Hastings, NE 68901-5429

Jill S Maiwald, CMA, LRT
1613 Hwy 6
Fairmont, NE 68354
402-310-7156
jillsmaiwald@yahoo.com

Michel McKinney, BPS, CMA
4355 S. Juniata Ave.
Juniata, NE 68955
402-756-6660
tmckinney@gtmc.net

Beverly K Meyer, CMA
1045 N. Franklin
Red Cloud, NE 68970
402-746-3791
bevgary@hotmail.com

Shelly Meyer, CMA
803 Glenwood
Hastings, NE 68901
402-463-2719
samdm@inebraska.com

Shirley J Newton, CMA
1935 East Idlewilde Road
Hastings, NE 68901-7772
402-462-8315
ksn8765@alltel.net

Office

Obstetricians &
Gynecologists
2115 N. Kansas Ave.
Hastings, NE 68901
402-463-6793
FAX 402-463-6894

Harkins Eye Clinic
830 Alpha St
Grand Island, NE 68803
308-984-9148
FAX 308-384-9158

Children & Adolescents
Clinic
2115 N. Kansas Ave.
Hastings, NE 68901
402-463-6828
FAX 402-463-4767

Hastings Family
Practice
606 N. Minnesota
Hastings, NE 68901
402-463-6781
FAX 402-463-7056

Fillmore County
Medical Center
1323 H St.
Geneva, NE 68361
402-759-4485
FAX 402-759-4487

Central Community
College-Hastings
P.O. Box 1024
Hastings, NE 68902-1024
402-461-2405
FAX 402-460-2138
mckinney@cccneb.edu

Family Medical Center
1012 W. 14th
Hastings, NE 68901
402-463-2423
FAX 402-463-9698

Obstetricians &
Gynecologists
2115 N. Kansas Ave.
Hastings, NE 68901
402-463-6793
FAX 402-463-6894

Home Instead
Senior Care
200 N Burlington
Hastings, NE 68901
402-462-8500
FAX 402-984-5272

Home

Tara L Niles, CMA
9755 S Cleveland
Holstein, NE 68950
402-984-4148
tniles_02@yahoo.com

Stacy M Parr, CMA
P.O. Box 1
Roseland, NE 68973-0001
402-756-6285
sparr@gtmc.net

Renee J Paulson, CMA
829 Webster
Hastings, NE 68901
402-462-4828
reneeandrandy@alltel.net

Trista Peters, CMA, LRT
3915 S 15th
Lincoln, NE 68502
402-480-0575

Judith J Resh, CMA
509 "A" St. P.O. Box 33
Shelton, NE 68876
308-674-6544
jresh@nctc.net

Linda C Schriener, CMA
718 34 Road
Franklin, NE 68939-9043
308-425-3029
308-470-0796

Carol A Sheets, Associate
6000 Manard Way Ave
Hastings, NE 68901
402-462-4856

Kathy Uldrich, Medical Asst.
PO Box 113
Juniata, NE 68955
402-751-2385
kuldri@alltel.net

Ann R Vodicka, CMA
230 Eads Ave.
Hebron, NE 68370
402-768-6908
bv83703@alltel.net

Office

Hastings Orthopedics &
Sports Medicine, P.C.
606 N Minnesota
Hastings, NE 68901
402-462-2139
FAX 402-462-2381

Children & Adolescents
Clinic
2115 N. Kansas Ave.
Hastings, NE 68901
402-463-6828
FAX 402-463-4767

Primary Care/
Community Health Ctr
St. Joseph Ave.
Hastings, NE 68901
402-461-5265

Holmes Lake Family
Health Centre
6900 Van Dorn, Ste 24
Lincoln, NE 68506
402-489-5200

Mary Lanning
Memorial Hospital
715 N. St. Joseph St.
Hastings, NE 68901
402-462-5182
FAX 402-463-1485

Smith Center Family
Practice & Gen Surgery
Parliament St
Smith Center, KS 66967
785-282-6834

Hastings Orthopedics &
Sports Medicine
Specialist, P.C.
606 N Minnesota
Hastings, NE 68901
402-462-2139
FAX 462-2381

Hastings Orthopedics &
Sports Medicine
Specialist, P.C.
606 N Minnesota
Hastings, NE 68901
402-462-2139
FAX 462-2381

Fillmore County
Hospital
1325 "H" St. P.O. Box 193
Geneva, NE 68361
402-759-3167
FAX 402-759-3093

Home

Melanie Welch, Associate
1128 S 'H'
Broken Bow, NE 68822
308-870-3612
mwelch@cnmcp.net

Georgia L Whiteley, Medical Asst. HRC
2945 S Baltimore
Hastings, NE 68901
402-469-0593
gwhiteley@gtmc.net

Lisa K Zimmerman, Associate
505 E 3rd St
Hastings, NE 68901
402-463-7955
lzorthopedic@alltel.net

Ann Anderbery
671 L Road
Axtell, NE 68924
308-832-2849
sevenafarms@rcom-ne.com

Jessica D Anderson, Student
507 S W 8th
Geneva, NE 68361
h) 402-759-4234
c) 402-759-5388
jess_anderson@hotmail.com

Jeannine Elsbernd, Student
538 Hermitage Ct
Grand Island, NE 68801
308-381-3801
telsbernd@charter.net

Torrie D Guerrero, Student
999 3rd Road
Chapman, NE 68827
h) 308-986-2229
c) 308-380-0328
Tguerrero@kdsi.net

Ashley Johnson, Student
Hastings, NE 68901
402-469-9214
ashquack@hotmail.com

Andrea L Norris, Student
301 West 11th Ave
Holdrege, NE 68949
308-995-8544

Office

Central Nebraska
Medical Clinic
PO Box 690
Broken Bow, NE 68822
308-872-2486

402-460-3170

Hastings Orthopedics &
Sports Medicine
Specialist, P.C.
606 N. Minnesota Ave
Hastings, NE 68901
402-462-2139
FAX 462-2381

STUDENT MEMBERS OF THE HASTINGS CHAPTER

Platte Valley Medical
Group
3219 Central Ave.
Kearney, NE 68847
308-865-2263
FAX 308-865-5541

Obstetricians &
Gynecologists
2115 N. Kansas Ave.
Hastings, NE 68901
402-463-6793
Fax 402-463-6894

Kearney Clinic
211 W 33rd St
Kearney, NE 68848

Home

JANORRIS85@msn.com
Jennifer Patti, Student
2127 County Road Apt 1800
Inavale, NE 68952
402-448-2750
jen981980@yahoo.com

Melissa Pedroza, Student
2513 W 5th St
Hastings, NE 68901
mpedroza1@alltel.net
402-461-9944

Office

Headstart
Hastings, NE 68901

Home

Sandra Price, Student
1400 N Hastings Ave
Hastings, NE 68901
402-461-0396
sprice@alltel.net

Jessica M Wahl, Student
PO Box 96
Riverton, NE 68972
402-746-3770
musicfreak_022002@yahoo.com

Office

Mary Lanning
Memorial Hospital
715 N St Joseph
Hastings, NE 68901
402-461-5292

HASTINGS MEDICAL ASSISTING PROGRAM

Central Community College-Hastings Campus

Michel McKinney, CMA, Program Director

Carol Hipke-Muske, CMA, Instructor

Stacy Parr, CMA, Instructor

P.O. Box 1024 • Hastings, NE 68902-1024

W)402-460-2138 • F)402-461-2473

mmckinney@ccneb.edu • cmuske@ccneb.edu • sparr@gtmc.net



Hastings members attending state convention.

LINCOLN CHAPTER



Lincoln members attending state convention.

2006 - 2007 CHAPTER OFFICERS

President (3rd from left)Kimmara Hughes, CMA
President-Elect.....Lori Westamp, CMA
SecretaryDebbie Packmore, CMA
Treasurer (4th from left).....Deborah Cole, CMA

Lincoln Chapter business meetings and CEU speakers are held in the months of September, November, February, and March. Sessions begin with registrations from 6:15 - 6:30 p.m.; educational session 6:30 - 7:30 p.m.; business meeting 7:30 - 8:00 p.m.; educational meeting session from 8:00 - 9:00 p.m, or however the president schedules the sessions. Please contact the President listed above if you did not receive information on these meetings.

MEDICAL ASSISTING PROGRAMS IN LINCOLN

HAMILTON COLLEGE - LINCOLN CAMPUS

Medical Assisting Program
Michelle Guthard, CMA
Program Coordinator
1821 'K' St.
Lincoln, NE 68508
402-474-5315
F) 402-474-5302

SOUTHEAST COMMUNITY COLLEGE

Medical Assisting Program
Jeanette Goodwin, BSN, CMA
Program Coordinator
8800 'O' St.
Lincoln, NE 68520
402-437-2756
F) 402-437-2404

MEMBERS OF THE LINCOLN CHAPTER

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
BONNE J. AHRENS, CMA-AC 5935 SUMNER ST LINCOLN, NE 68506-1471 bjzmom@webtv.net (402) 488-4339	LIFE TIME MEMBER (Sustaining)	DANA L. CERADSKY, CMA 4440 CLEVELAND AVE. LINCOLN, NE 68504 dceradsky6296@alltel.com (402) 325-6077	
MARCY RAYE ALDANA, CMA 704 N 15TH ST NEBRASKA CITY, NE 68410-1549 (402) 873-5170		ELLEN KOLTERMAN CHAFFIN, CMA 349 N 1ST ST SEWARD, NE 68434-1801 ellencoll@myway.com (402) 643-2485	Milford Family Medical 119 S 'C' St Milford, NE 68405 (402) 761-3307
JUDITH L. ANTCZAK, CMA 1030 DRIFTWOOD LINCOLN, NE 68510 atutsjw@aol.com (402) 483-1388	(Sustaining)	CINDY JO CLARK, CMA 3791 B STREET LINCOLN, NE 68510-3533 (402) 489-0555	(402) 435-2060
LISA R. ANTCZAK-MICEK 1932-448TH RD UTICA, NE 68456 earniejn1969@hotmail.com (402) 534-3563		ANGIE D. CLAYPOOL 4731 TIPPERARY TRL LINCOLN, NE 68512-1443 (402) 421-8909	Superior Street Family Physicians 4401 N. 7th Lincoln, NE 68521 (402) 441-3575
DENISE K. ARNOLD, CMA 7501 S 34 TH ST. LINCOLN, NE 68516-5750 darnold@neuroandspinalsurg.com (402) 420-5228	Neurological & Spinal Surgery 1500 SO 48TH ST, STE 511 Lincoln, NE 68506 (402) 488-3002	CANDACE ANN COFFMAN, CMA 3100 N 14TH ST STE 201 LINCOLN, NE 68521-2134 candacecoffman@nlfmc.com (402) 484-7534	North Lincoln Family Med Ctr 3100 N 14th St Lincoln, NE 68521 (402) 477-6600
CHRISTEL LYNNE BARTH, CMA PO BOX 244 501 B ST UTICA, NE 68456-0244 (402) 477-6600	North Lincoln Family Medical 3100 N. 14th St. STE 201 Lincoln, NE 68521 (402) 534-2140	DEBORAH G. COLE, CMA PO BOX 84245 LINCOLN, NE 68501-4245 oak_woman@hotmail.com (402) 477-8529	
STACEY DAWN BEARINGER, CMA 5400 W SAINT PAUL AVE LINCOLN, NE 68521-2102 (402) 470-3507	(402) 465-5600	KENDRA R. CRAIG, CMA PO BOX 93 PANAMA, NE 68419-0093 kendrac26@yahoo.com (402) 499-3589	
BECKY ANN BRESTER-SINDELAR, CMA 214 S 5TH HOWELLS, NE 68641 (402) 986-0865	Dinklage Medical Clinic (402) 372-2477	SONIA JANE CULP, CMA PO BOX 73 SEWARD, NE 68434-0073 sjc101@hotmail.com (402) 643-2361	
CYNTHIA A. BROWNING, CMA 1117 PLUM ST. LINCOLN, NE 68502 (402) 435-0597	(402) 489-4600	KERRY ANNE DAVIS, CMA 801 N HASTINGS AVE, APT 101 HASTINGS, NE 68901-4428 (402) 525-8168	
KARA LYNN BUETTGENBACK, CMA 7930 S 20TH ST LINCOLN, NE 68512-9486 (402) 328-0163	Allergy, Asthma & Immunology Assoc 600 N Cotner, Ste 208 (402) 464-5969	AMBER JOY DETWEILER, CMA 2935 N 53RD ST, APT 6 LINCOLN, NE 68504-2700 ajdetweiler@yahoo.com (402) 464-2940	
ROSA BUSTAMANTE, CMA 4031 SO 56TH ST LINCOLN, NE 68506-5113 bustamante_rosa@hotmail.com (402) 484-5376	(402) 471-4862	STEPHANIE L. DEVALL, CMA 7721 OROURKE DR LINCOLN, NE 68516-5859 (402) 423-2544	R. Basler, M.D. 2625 Stockwell Lincoln, NE 68502 (402) 421-3335
ANGELA D. CAMPBELL, CMA 1649 W ARLINGTON ST LINCOLN, NE 68522-1591 acampbell2@neb.rr.com (402) 477-7041	Homes Lake Family Health Center 6900 VanDorn, St Ste 24 Lincoln, NE 68506 (402) 489-3200		

Home

MELISSA DeWITT, CMA
264 PRAIRIE CIR
SEWARD, NE 68434-1124
(402) 416-4560

ASHLEY ELIZABETH DUNKIN, CMA

24800 S 82nd ST
FIRTH, NE 68358
golfnut8@email.com
(402) 791-5610

TONYA M. EASTON, CMA

515 DAVID LN
EAGLE, NE 68347-5022
(402) 781-2114

SANDRA A. ELLER, CMA

P.O. BOX 91
VALPARAISO, NE 68065
(402) 784-9105

HEATHER DAWN ENGEL, CMA

931 N 29TH ST
LINCOLN, NE 68503
heatherdengel@hotmail.com
(402) 477-4825

MARY K. FAUVER, CMA

551 SOUTH 148TH ST
LINCOLN, NE 68520-9480
(402) 489-9340

MARIANN B. FLEISCHMAN, CMA

30105 A ST
ELMWOOD, NE 68349-2937
(402) 994-2025

SHELLEY ANN GOODRICH, CMA

5414 HARTLEY STREET
LINCOLN, NE 68504-1850
(402) 466-2537

JEANETTE M. GOODWIN, CMA

2809 N 79TH ST
LINCOLN, NE 68520-1227
jgoodwin@southeast.edu
(402) 464-0191

KIMBERLY A. GRIESS, CMA

1637 WESTMONT CIR
LINCOLN, NE 68522-1588
(402) 483-1733

SHELLY A. HANKINS, CMA

4024 SOUTH 83RD
LINCOLN, NE 68506-5973
(402) 486-1209

MARY ELIZABETH HARRIS, CMA

3620 LOWELL AVE
LINCOLN, NE 68506-4847
cherrybombgrrl@hotmail.com
(402) 450-7632

Office**Lincoln Family Practice**

4600 Valley Rd Suite 210
Lincoln, NE 68510
(402) 483-4571

Lincoln Family Wellness

1101 S 70th
Lincoln, NE 68510
(402) 483-4571

(402) 488-7400

East Lincoln Internal Med

4501 S 70th STE 130
Lincoln, NE 68510
(402) 483-2926

East Lincoln Family

Health Profession
301 So. 70th
Lincoln, NE
(402) 483-7507

Southeast Community

College Medical Assisting
PRGM CHR
8800 O ST
LINCOLN, NE 68520-1227
(402) 437-2756

North Lincoln Family Med.

3100 N 14th STE 201
Lincoln, NE 68521
(402) 477-6600

(402) 483-4571

(402) 484-8873

Home

AMIE LOUISE HARRIS, CMA
534 SKYWAY RD
LINCOLN, NE 68505-2634

PATRICIA A. HARVEY, CMA

2424 DOROTHY DR
LINCOLN, NE 68507-2925
(402) 467-6401

MARCY ANN HENDERSON, CMA

7131 GARLAND STREET
LINCOLN, NE 68505-1462
marcyhenderson2@yahoo.com
(402) 467-4107

JERI J. HERRERA, CMA

9141 S 63RD ST
LINCOLN, NE 68516-9395
jherrera@mep.com
(402) 421-2026

GLORIA LEE HESTERMANN, CMA

RR 1 BOX 91A
STERLING, NE 68443-9655
(402) 866-2128

ANN M. HILLE, CMA

227 LINDALE CIR
HICKMAN, NE 68372-9863
(402) 792-2028

MICHELLE RENEE HOLDSWORTH, CMA

1119 2ND ST
FRIEND, NE 68359-1113

KIMMARA RAE HUGHES, CMA

741 LAKESIDE DR, APT 302
LINCOLN, NE 68528-2317
kimmararh@aol.com
(402) 435-8593

DIANE MARIE KALKWARF, CMA

620 OAK AVE
CRETE, NE 68333-2747
(402) 826-5213

MELISSA JILL KLEIN, CMA

4220 FRAN AVE
LINCOLN, NE 68516-1700
(402) 488-5431

JENNIFER M. KOCIAN, CMA

7228 N 15TH ST
LINCOLN, NE 68521
toddnjen320@msn.com
(402) 476-6833

ALISON E. KRACL, CMA

714 W 11TH ST
WAHOO, NE 68066-1109
(402) 443-5198

Office**Lincoln Pediatric Group**

402-489-3834

Allergy, Asthma & Immunology Assoc.

600 N Cotner STE 208
Lincoln, NE 68505
(402) 464-5969
(f) (402) 464-3657

(402) 475-7000

LINCOLN FAMILY PRACTICE

4600 VALLEY RE, STE 210
LINCOLN, NE 68510
(402) 483-4591

WILLAMSBURG FAMILY PRACTICE

6041 VILLAGE DR
LINCOLN, NE 68516
(402) 423-1382

DOWNTOWN PHYS. GROUP

1800 O ST, STE 220
LINCOLN, NE
(402) 475-7000

402-304-4054

LINCOLN FAMILY PRACTICE

4600 VALLY RD, 210
(402) 483-4571

(402) 484-4978

WAHOO CLINIC

964 N LAUREL
WAHOO, NE 68066
(402) 443-4191

Home

MARY A. KREIFELS, CMA
2751 R ROAD
COOK, NE 68329
(402) 864-7381

TAMARA SUE KUEHN-DAMME ,CMA
2220 COLDWATER BAY
LINCOLN, NE 68505-3625
(402) 325-6661

VERNA L. LAWRENCE, CMA
2020 DAWES ST
ASHLAND, NE 68003-1132
vl60124@alltel.net
(402) 944-2532

STACI RAE LEBER, CMA
1940 RIVIERA DR
LINCOLN, NE 68506-2346
toddlerber@hotmail.com
(402) 489-7616

LORI A. LESIAK, CMA
5000 W CHAMPION CT
LINCOLN, NE 68524-1569
LL13021@alltel.net
(402) 470-0249

SARA JEAN LUBECK, CMA
7011 HELEN WITT DR. APT 805
LINCOLN, NE 68512-3621
saralubeck@hotmail.com
(402) 310-0352

LYNN R. MACA, CMA
1739 ROAD L
ROGERS, NE 68659-2710
maca3502@man.com
(402) 352-3502

LORIA ANN MACH, CMA
(Associate)
3165 N. HILLTOP RD 303
LINCOLN, NE 68504
lorimach_82@hotmail.com

MICHELLE A MARKS, CMA
87410 584 AVE
ALLEN, NE 68710-5036
mitcham15@yahoo.com
(402) 945-2335

KRISTEN J. MARR, CMA
6719 ORCHARD ST
LINCOLN, NE 68505-1858
(402) 464-8155

JOAN L. MARTIN, CMA
PO BOX 415
CERESCO, NE 68517
Joanm1953@cs.com
(402) 665-2413

SHERRI L. MARTIN, CMA, LR
1800 S 22ND ST
LINCOLN, NE 68502-2820
(402) 475-4382

Office

(402) 483-3333

LINCOLN FAMILY
WELLNESS
1101 S 70TH STE 101
LINCOLN, NE 68510
(402) 488-1400

ALLERGY ASTHMA &
IMMUNOLOGY
600 N COTNER BLVD #208
LINCOLN, NE 68505
(402) 464-5969

(402) 423-1382

CAPITAL CITY PED.
7441 O ST #303
LINCOLN, NE 685100
(402) 483-6036

BRYAN LGH HEART INST
120 WEDGEWOOD DR
LINCOLN, NE 68510
(402) 489-6554

NORTH LINCOLN FAMILY
3100 N 14TH
LINCOLN, NE 68521
(402) 477-6600

Home

JUANA MARTINEZ
203 SOUTH, APT 1
LINCOLN, NE 68510
(402) 617-4331

LIZA A. MASTERS
2144 M ROAD
UNADILLA, NE 68454-8028
wolkenl@yahoo.com
(402) 269-3617

ANGY MCCARTER, CMA, LRT
6944 VINE ST
LINCOLN, NE 68505-2239
amccarter76@earthlink.net
(402) 450-3737

JENNIFER A. MCCOY
2920 FLETCHER AVE, APT 195
LINCOLN, NE 68505-1191
jmccoy@don8bld.org
(402) 759-5256

JAIME MENTELE, CMA
3827 SOUTH 17TH ST
LINCOLN, NE 68502-2839
jaimem@lincolnsurgicalgroup.com
(402) 560-6363

SHELLY ANN METCALF, CMA
1400 CHEYENNE ST
LINCOLN, NE 68502
shihhi2210@yahoo.com
(402) 310-9556

JENNIFER A. METCALF, CMA
5000 NW CUMING ST
LINCOLN, NE 68521-4378
jaine78@hotmail.com
(402) 435-0592

DANA LEANN MEVES, CMA
8970 PRAIRIE VILLAGE DRIVE
LINCOLN, NE 68507
dhansen0210@msn.com
(402) 327-8980

MARY BETH MIKA, CMA
4501 SI 70TH, STE 110
LINCOLN, NE 68516
(402) 665-2415

LESLEY BROOK MILLER, CMA
1066 SO 4TH ROAD
DOUGLAS, NE 68344
(402) 799-2387

MARLENE MONTGOMERY, CMA
1424 NEMAHA ST
LINCOLN, NE 68502-4727
marmontgomery71302@yahoo.com
(402) 421-1777

Office

Associate

(402) 477-6600

Family Health Care Center
2900 SO 70th, Suite 310
Lincoln, NE 68506
(402) 434-5235
FAX: (402) 484-8891

402-483-7825

(402) 464-5969

LINCOLN PEDIATRIC
GROUP
4501 S 70TH, STE 110
LINCOLN, NE 68516
(402) 489-3834

Home

TAMARA MORPHEW, CMA
4000 SPRUCE ST
LINCOLN, NE 68516-1175
rm00620@alltel.net
(402) 483-1519

KRISTI L. MORRIS, CMA
PO BOX 187
104 W. CEDAR
CEDAR BLUFFS, NE 68015-0187
(402) 489-3654

JERRI L. NEEMANN, CMA
510 COTTONWOOD DR
LINCOLN, NE 68510
(402) 489-3654

TUYET NHUNG NGUYEN, CMA
2116 W MILLSOTNE RD
LINCOLN, NE 68522-1118
(402) 438-6403

DEBORAH A. NIELSEN, CMA
2942 N 43RD
LINCOLN, NE 68504
sadie@neb.rr.com
(402) 310-5251

KAREN L. NIELSEN, CMA
880 SAINT JOHNS CT.
CRETE, NE 68333-2530
402-826-4628

KATEY L. OSTRANDER, CMA
909 C ROAD
PALMYRA, NE 68418
(402) 780-5618

DEBBIE L. PACKMORE, CMA
6936 COLFAX AVE
LINCOLN, NE 68507
(402) 466-9011

DEIDRA JO PARKER, CMA
2621 S 34 ST
LINCOLN, NE 68506-6616
(402) 484-6679

PAULA R. PERSINGER, CMA
PO BOX 192
215 F ST
EAGLE, NE 68347-0192
DPPersinger@cs.com
(402) 781-9373

CARRIE S. PETZ, CMA
243 N. COLFAX ST
WEST POINT, NE 68788
(402) 372-5158

KIMBERLY DAWN PFISTER, CMA
8021 SOUTH 58TH ST
LINCOLN, NE 68516
(402) 483-4362

Office

WOMENS CLINIC OF
LINCOLN PC
210 LYNCREST DR
LINCOLN, NE 68510
(402) 434-3370

CAPITAL CITY PEDIATRICS
7441 O ST STE 303
LINCOLN, NE 68510
(402) 483-6036

(402) 434-7383

402-465-4545

(402) 489-3834

STUART P WESTBURG, MD
2756 O ST
LINCOLN, NE 68510
(402) 474-4497

LINCOLN PEDIATRIC
GROUP
4501 SO 70TH ST, STE 110
LINCOLN, NE 68510
(402) 489-3834

ALLERGY, ASTHMA, &
IMMUNOLOGY
600 N COTNER BLVD # 208
LINCOLN, NE 68505
(402) 464-5969

MIDWEST EAR, NOSE, &
THROAT CLINIC
430 N MONITOR ST
WEST POINT, NE 68788
(402) 372-2404

(402) 465-5600

Home

SUSAN LYNN PHILLIPS, CMA
4741 N 25TH ST
LINCOLN, NE 68521
(402) 435-6263

KEELY MCGILL PREISTER, CMA
621 W DILIN ST
LINCOLN, NE 68521-4350
kmcgill77@hotmail.com
(402) 920-0863

DEBRA L. RALL, CMA
132 W. LOMBARD DR.
LINCOLN, NE 68521-5364
(402) 476-2120

NICOLE DAWN REMMERS, CMA
1100 N 7TH ST
BEATRICE, NE 68310-2025
nicbuss@yahoo.com
(402) 520-2721

AMY J. REZNY
3933 PACE BLVD
LINCOLN, NE 68502-5753
arz29@yahoo.com
(402) 328-9435

JANE A RHEBB, CMA
3136 STEPHANOS DR
LINCOLN, NE 68516
(402) 421-1297

STACIE J. ROTH
606 252ND
MILFORD, NE 68405-8747
staciero@alltel.net
(402) 761-3068

AUTUMN ROUNDEVILLE, CMA
4045 EVERETT ST
LINCOLN, NE 68506
arounseville@hotmail.com
(605) 366-3460

RHONDA SANFORD, CMA
3100 N. 14TH SUITE 201
LINCOLN, NE 68521
(402) 464-0673

JENNIFER ANN SCHOTT, CNA, CMA
520 S 38TH ST, APT 20
LINCOLN, NE 68510-1619
jenniferinnebraska@hotmail.com
(402) 540-8332

CHRISTINA MARIE SCOTT, CMA
4049 D ST
LINCOLN, NE 68503-4632
cscott1@neb.rr.com
(402) 465-8492

SARA HEAN SEMRAD, CMA
PO BOX 44
WESTON, NE 68070-0044
(402) 642-5476

Office

(402) 450-0459

LINCARE-NORTH
2662 CORNHUSJER HWY
LINCOLN, NE 68510
(402) 466-6389

(402) 421-8581

(402) 761-2726

(402) 477-6600

(402) 483-5711

(402) 477-6600

Home

BETH ANN SHERIDAN, CMA
5011 W ZEAMER ST
LINCOLN, NE 68524-1432
(402) 470-3872

TRACI SHIPPS, CMOM, CMA
PO BOX 447
SYRACUSE, NE 68446-0447
tracis@lincolnsurgicalgroup.com
(402) 269-2311

ANDREA D. SHIVELY, CMA
820 GARDEN ST
BEATRICE, NE 68310-3603
rs14011@alltel.net
(402) 223-4549

OKSANA SHVETS, CMA
2601 SO 58TH, APT 22
LINCOLN, NE 68506-3519
(402) 483-6000

TAMMY S. SIEDBAND, CMA
3001 N 74TH ST
LINCOLN, NE 68507-2128
(402) 464-4539

KIM A. SMISEK, CMA
2141 W MILLSTONE RD
LINCOLN, NE 68522-1166
ltsmisek@gmail.com
(402) 476-1141

MELISSA SMOLEK, CMA
1100 S. 6TH, APT3
NORFOLK, NE 68701
missylynn80@hotmail.com
(402) 310-5985

LISA JEAN SPATZ, CMA
2753 BURNHAM ST
LINCOLN, NE 68502-5608
bltspatz@yahoo.com
(402) 328-9528

PAM K. STEARLEY, CMA-A
4921 S 73RD ST
LINCOLN, NE 68516-4234
pharpo17@aol.com
(402) 488-1277

LAURA ANN SUMMERS, CMA
1501 SW 25TH ST
LINCOLN, NE 68522
(402) 742-5755

VICKI TORRES, CMA
5457 HUNTINGTON AVE
LINCOLN, NE 68504-2937
(402) 438-2242

DANA N TROTTER
6009 ROBIN RD
LINCOLN, NE 68516-2346
dtrotter@neb.rr.com
(402) 525-3265

Office

(402) 475-7000

(402) 483-7825

CAPITAL CITY PEDIATRICS
7441 O ST #304
LINCOLN, NE 68510
(402) 483-36036

HOLY FAMILY MEDICAL
4701 NORMAL BLVD
LINCOLN, NE 68506
(402) 484-8383

(402) 379-9999

(402) 483-3371

GEORGE J WOLCOTT, MD
5401 SOUTH ST
LINCOLN, NE 68506
(402) 476-2006

NEBRASKA URBAN INDIAN

(402) 434-7177

(402) 489-3200

Associate

(402) 4645969

Home

JEANNA RENEE WALLER, CMA
5321 SHERMAN ST
LINCOLN, NE 68506-3461

MELISSA SUE WALTKE, CMA
7150 HOLMES PARK RD, APT 305
LINCOLN, NE 68506-4685
(402) 499-2118

LACEY F. WATSON, CMA
6020 THORNTON DRIVE, APT 1019
LINCOLN, NE 68512-2154
lacewatson@yahoo.com
(402) 742-5524

KAREN R. WEBSTER, CMA
34816 O ST
AVOCA, NE 68307-2240
(402) 994-2765

LORI WESKAMP, CMA
7140 COLBY ST
LINCOLN, NE 68505-1400
moolaw@earthlink.net
(402) 464-6616

KAREN R. WILHELM, CMA
2721 DEVONSHIRE DR
LINCOLN, NE 68506-3030
kwilhe@hotmail.com
(402) 560-0986

CHERYL A. WINTON, CMA
3411 SO 14TH ST
LINCOLN, NE 68502-4569
cherylwinton@yahoo.com
(402) 421-1194

NORMA L. WOOLSEY, CMA-C
632 N 8th
SEWARD, NE 68434-1422
(402) 643-4233

KATHY ZABEL
8300 BLUFF RD
LINCOLN, NE 68517
kzabel@southeast.edu
(402) 467-2843

STUDENT MEMBERS OF THE LINCOLN CHAPTER

RAQUEL R ANDERSEN, CMA
4405 Firth Road
Firth, NE 68358
(402) 791-2470
kelleeandersen@hotmail.com

AMANDA BADE
1920 WEST LAKE STREET
LINCOLN, NE 68522
amandabade@hotmail.com
402-435-997 402-476-1189

Office

(402) 786-2626

LINCOLN DERMATOLOGY
2756 O ST
LINCOLN, NE 68510
(402) 474-4497

LINCOLN FAMILY
PRACTICE
4600 VALLEY RD, STE 201
LINCOLN, NE 68510
(402) 483-4571

(402) 434-7383

(402) 471-3333

Associate

Home**Office**

LISA BINCZIK, CMA
 1511 MANATT ST
 LINCOLN, NE 68521
 biznick@aol.com
 402-304-3404

402-475-3406

WENDY L. BRADFORD
 2129 N. 65TH
 LINCOLN, NE 68505
 (402) 476-1455

MELISSA ANN BRINKMAN
 3020 D. ST
 LINCOLN, NE 68510
 thepeanutismelissa@hotmail.com
 (402) 476-0012

CONNIE K. BRYDL, CMA
 422 COUNTY ROAD 2300
 CRETE, NE 68333-4301
 connieusher2@hotmail.com
 (402) 826-2530

ROCHELLE L. CANBY
 3400 PORTIA ST
 LINCOLN, NE 68521
 rcanby77@yahoo.com
 (402) 805-1494

EMILEE M. COOPER
 23006 O ST
 EAGLE NE, 6847-1960
 (402) 781-2514

SARAH DENISE DEVINE
 943 ROANOKE COURT, UNIT 21
 LINCOLN, NE 68510
 saddevine24@hotmail.com
 (402) 770-4217

EBONI ELLIOTT
 1255 SARATOGA ST
 LINCOLN, NE 68502
 eboni1212@yahoo.com
 402-742-5289

JESSICA M. FITCH, CMA
 1975 WASHINGTON ST
 LINCOLN, NE 68502-2557
 fitchj84@hotmail.com
 (402) 525-9530

AMY K. FOLKERTS
 20063 SW 45TH RD
 BEATRICE, NE 68310-6703
 Lucky_chic21@hotmail.com
 (402) 228-4182

FAYE M. GORDON, CMA
 1410 W PARK AVE
 LINCOLN, NE 68522-1938
 (402) 477-0482

(402) 768-3271

JENNIFER MARIE HANS
 PO BOX 459
 NEBRASKA CITY, NE 68410-0459
 sccma2001@yahoo.com
 (402) 873-6772

Home**Office**

MICHELE M. HARMS, CMA
 8620 LEXINGTON AVE, APT 230
 LINCOLN, NE 68505-3657
 nuceleharms@yahoo.com
 (402) 465-8647

REBEKAH ANNE HIGLEY, CMA
 8229 DORSET DRIVE
 LINCOLN, NE 68510
 annehigs@aol.com
 (402) 805-0133

(402) 464-0251

KATHLEEN K. HONKE, CMA
 PO BOX 100
 ROCA, NE 68430
 hrubiks@yahoo.com
 (402) 423-0701

AMANDA LEE JEFFERS
 5851 N. 23RD ST, APT 118
 LINCOLN, NE 68521
 mandishshne@aol.com
 (402) 805-1963

SHELBY JONES, CMA
 2401 S 33RD ST
 LINCOLN, NE 68506-6604
 shelbyjones01@hotmail.com
 (402) 525-7423

SANDRA L. JURGENS, CMA
 6348 FRANCIS ST
 LINCOLN, NE 68505
 ogd061@aol.com
 (402) 464-4720

(402) 499-6710

HEATHER LYN KOZISEK, CMA
 2421 NORTH 57TH
 LINCOLN, NE 68507-2303
 (402) 464-4505

(402) 466-1404

SARAH J. LANDIS, CMA
 1220 N 44TH
 LINCOLN, NE 68503-3341
 Sarahjolandis@yahoo.com
 (402) 217-1928

(402) 474-5315

BRITTANY D. LANG
 10101 S 134TH
 BENNET, NE 68317
 blang1985@aol.com
 (402) 782-2811

KIM M. LEE, CMA
 2825 N 5TH ST
 LINCOLN, NE 68521
 (402) 525-8234

LORI ANN LODWIG
 3111 N WILL, APT 2-C
 LINCOLN, NE 68521
 lorilodwig@hotmail.com

ROYCEANN M. MASINELLI
 3501 S. 75TH ST
 LINCOLN, NE 68506
 rpmvizslas@yahoo.com
 (402) 327-2035

Home

LISA MCGINN
3105 PRAIRIE HILL CIRCLE
LINCOLN, NE 68506
lisajoe777777@yahoo.com
(402) 327-7070

TASHA KENDRA MCKILLIP
5631 ABBEY COURT, APT 23
LINCOLN, NE 68505
tkendra@hotmail.com

KATIE MILLER, CMA
2311 CAMELOT CT
LINCOLN, NE 68512-1457
pahtaytee8@hotmail.com
(402) 421-7409

TERI MONTAGUE
1221 COTTONWOOD DR.
LINCOLN, NE 68510
terrim@myfam.com
(402) 327-9061

BECKY L. MORRIS
6017 SOUTH 28TH
LINCOLN, NE 68516
beezkibou@earthlink.net
(402) 570-1854

MARGARET OSTGAARD
1531 N. 76TH ST
LINCOLN, NE 68505
tmostg@alltel.net
(402) 467-2123

JENNIFER POFAHL
639 W JENNIFER DR.
LINCOLN, NE 68521-4354
jennie2k@hotmail.com
(402) 438-2254

STEPHANIE NICOLE POOLE
14020 LANCASHIRE ST, APT 22
WAVERLY, NE 68462-1045
sp77beauty@msn.com
(402) 786-5338

RAYA MARIANA
809 E 10TH ST
SCHUYLER, NE 68661-2131
badangel201@yahoo.com

DONANNA ROWND
416 EAST I
WYMORE, NE 68466
(402) 645-3542

JILL SCHWISOW, CMA
243 N. 44TH ST, APT 101
LINCOLN, NE 68503
jillschwisow@yahoo.com
(402) 239-1352

LAURA SOWDERS
5610 M ST
LINCOLN, NE 68510-2122
(402) 464-0397

Office

(402) 484-8134

Home

CATHERINE ANNE STANLEY, CMA
3141 U ST
LINCOLN, NE 68503-3252
medacat@yahoo.com
(402) 477-8060

LESLEY A. STEIDER
208 ROAD I
FAIRMONT, NE 68354
(402) 366-4002

CLARISSA JO TEMME, CMA
1239 260 AVE
PETERSBURG, NE 68652-5482
rissatin@hotmail.com
(402) 843-8791

DENIELLE DAWN TROYER, CMA
992 SW 140TH RD
LINCOLN, NE 68532
denielletroyer@hotmail.com
(402) 525-4252

DENA D. VAUGHAN
916 5TH St
HUMBOLDT, NE 68376
jbv4501@hotmail.com
(402) 862-2510

JAMIE JEAN WAITE, CMA
1451 MANATT ST
LINCOLN, NE 68521
waite1220@aol.com
(402) 435-4142

CARIE PAULINE WILBUR, CMA
514 W. JOEL
LINCOLN, NE 68521
cpwilbur@neb.rr.com
(402) 477-0274

(402) 477-0247

CASSANDRA M. WINKLER
920 DONNIE LN
LINCOLN, NE 68522-1699
drandra78@hotmail.com
(402) 477-8172

(402) 441-3333

KARI K. WRAGGE
1025 N. 63RD ST, APT C-74
LINCOLN, NE 68505
kariwragge@hotmail.com

KRISTI L. WRAGGE
1025 N. 63RD ST, APT C-74
LINCOLN, NE 68505
wragge7@hotmail.com

KRISTINA M. YANTIS
3848 SWEETBRIAR LN
LINCOLN, NE 68516-4508
yantist21@hotmail.com

NORFOLK CHAPTER



Norfolk members attending state convention.

2006 - 2007 CHAPTER OFFICERS

President (4th from left).....Lori Kounovsky, CMA
Treasurer/Secretary (not present)Linda Formanek, CMA

2006 - 2007 PHYSICIAN ADVISORS

John Mazour, MD
Boone County Medical Clinic
1019 S. 8th St.
Albion, NE 68620
Phone: 402-395-5013

Anthony Kusek, MD
Boone County Medical Clinic
1019 S. 8th St.
Albion, NE 68620
Phone: 402-395-5013

Norfolk Chapter meets once a year at the Nebraska Society of Medical Assistants State Convention where election of officers is done with a short business meeting.

MEMBERS OF THE NORFOLK CHAPTER

Home

Amy J. Brester, CMA
585 2nd Road
Howells, NE 68641-4006
402-986-1259
abrester@alegent.org

Robin Edwards, CMA
210 Needham Street
Winside, NE 68790-5098

Linda C. Formanek, CMA
45479 State Highway 91
Lindsay, NE 68644-5023
402-428-3365
ljforma@megavision.com

Deborah L. Gross, CMA, RT (R)
1028 Emerald Dr
Wayne, NE 68787
402-375-4245
debby@huntel.net

Lori D. Kounovsky, CMA
PO Box 644
Plainview, NE 68769
402-582-4506
ldkounovskycma@yahoo.com

Lori J. Lee, CMA
1555 310th Ave.
Albion, NE 68620-5895
402-386-5608

Office

Alegent Health Clinic
Howells/Schuyler
PO Box 98
Howells, NE 68641
402-986-1115
FAX 402-986-1133

Newman Grove Medical
Clinic
PO Box 400
Newman Grove, NE 68758
402-447-6215

Providence Medical
Center
1200 Providence Road
Wayne, NE 68787
402-375-7950

Plainview Area Health
System
PO Box 490
Plainview, NE 68769
402-582-3434
FAX 402-582-4667

Boone County Health
Clinic
1019 S. 8th Street
Albion, NE 68620
402-395-5013

Home

Nancy A. Musil, CMA
PO Box 358
Clarkson, NE 68629-0358
402-892-3622

Tamara J. Omer, CMA
416 Verges Ave
Norfolk, NE 68701-4025
402-371-8369
joto19793@hotmail.com

Melissa Smolek, CMA
1100 S. 6th
Norfolk, NE 68701
402-750-329
missylynn80@hotmail.com

Joyce M. Steffensmeier, CMA
2971 12th Ave East
Columbus, NE 68601
402-563-2451
jmsteff@megavision.com

Alisha Stoltenberg
812 Wood St
Norfolk, NE 68701
jr4me@hotmail.com

Office

PCI-Clarkson
PO Box 20
Clarkson, NE 68629-0020
402-892-3466

Norfolk Medical Goup
301 N. 27th Street
Norfolk, NE 68702
402-844-8000

Women's Health of
Northeast Nebraska
2504 Benjamin Ave.
Norfolk, NE 68701
402-379-9999

MEMBERS OF THE OMAHA CHAPTER

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
Linda M. Allensworth, CMA, CPC P.O. Box 283 Carson, IA 51525-0283 (712) 484-3446	Physicians Clinic, Inc. 8601 W. Dodge Rd. #220 Omaha, NE 68114 (402) 354-5610	Kathleen Bina, CMA 8534 Granville Pkwy. #823 LaVista, NE 68128-1525 (402) 933-3208	Westroads Medical Group 10170 Nicholas Street Omaha, NE 68114 (402) 391-3800
Kathy J. Anderson, CMA 2615 N. 100th Ave. Omaha, NE 68134 (402) 391-7657	Physicians Clinic 10060 Regency Circle Omaha, NE 68114 (402) 354-1415	Jaci Lyn Birkett, CMA 3901 N. 153rd Ct. #214 Omaha, NE 68116 (402) 504-4043	Methodist Hosp. Radiology 8303 Dodge Street Omaha, NE 68114 (402) 354-4727
Sarah Ann Anson, CMA 10011 S. 202nd Street Gretna, NE 68028 (402) 670-2554	Currently enrolled in college	Laura J. Blankenship, RN, CMA-C 25125 Windy Bluff Lane Arlington, NE 68002-5174 (402) 478-5684	American Red Cross ER Service (Bloodmobile) Omaha, NE 68105 (402) 374-1141
Renee D. Asbury, CMA 5033 S. 42nd Street Omaha, NE 68107-2402 (402) 734-0331	Midwest Minor Medical 8045 L Street Omaha, NE 68127 (402) 827-6510	Catherine E. Bles, CMA 9115 Charles Street Omaha, NE 68114 (402) 397-3181	Gamini Soori, M.D. 7710 Mercy Road Omaha, NE 68124 (402) 393-5012
Shelley Renee Bailes, CMA 6033 Woolworth Ave. Omaha, NE 68106-1565 (402) 551-7776	Alegent Health - Elmwood 808 S. 52nd Street Omaha, NE 68106 (402) 551-8900	Debra A. Bolden, CMA 3402 N. 63rd Street Omaha, NE 68104 (402) 556-6640	UNMC-Pediatrics 600 S. 42nd Street Omaha, NE 68198 (402) 559-6716
Cynthia Baker 4423 Spaulding Street Omaha, NE 68111-2540 (402) 455-4881	Alegent Health- Elmwood 808 S. 52nd Street Omaha, NE 681106 (402) 551-8900	Jody Botsch, CMA, BAE 13433 Olive Street Omaha, NE 68138 (402) 895-7124	Not employed in medical field
Rani Beaulieu, CMA 3110 Lone Tree Road Bellevue, NE 68123 (402) 291-0695	Boystown Pediatrics 2801 S. 88th Street Omaha, NE 68124 (402) 391-7684	Mercedes Bourn 9711 Ogden Circle Omaha, NE 68134-1658 (402) 572-5131	Not employed in medical field
Janice Bechtold, CMA PO Box 233 Cedar Bluffs, NE 68515-0233 (402) 628-8186	Accent / Omnium 7171 Mercy Road Omaha, NE 68106 (402) 397-9920	Evelyn Brester, CMA 2941 Laverna Street Fremont, NE 68025-2675 (402) 616-9316	Fremont Nureology 2735 N. Clarkson St. Fremont, NE 68025 (402) 727-9992
Tracy Jo Bednar, CMA 24740 West Dodge Road Waterloo, NE 68069-4648 (402) 779-4024	Alegent Health- Lakeside 17030 Lakeside Hills Plaza Omaha, NE 68130 (402) 758-5422	Barbara A. Brugmann, CMA 15151 S. 63rd Street Papillion, NE 68133-2675 (402) 339-5675	RETIRED
Diana S. Beins, CMA 2920 Furnas Street Ashland, NE 68003-1013 (402) 944-6076	Skyline Medical Center 1908 Binfield Street Elkhorn, NE 68022 (402) 871-5471	Cheri Diane Buglewicz, CMA 2318 S. 31st Street Omaha, NE 68105-3104 (402) 932-8130	Nebraska Health System 42nd & Emilie Omaha, NE 68198 (402) 559-8028
Dawn Michelle Belew 4123 U Street Omaha, NE 68107-3142 (402) 734-5853	Foot & Ankle Center of NE 7337 Dodge Street Omaha, NE 68114 (402) 391-7575	Jody L. Bunn, CMA 1631 North D Street Fremont, NE 68025 (402) 721-9185	Fremont Family Planning Institute 230 East 22nd Street Fremont, NE 68025 (402) 727-5336
Carol Jean Bera, CMA 14513 S. 24th Street Omaha, NE 68123-4718 (402) 293-8054	Internal Medicine Associates 4242 Farnam Street Omaha, NE 68131 (402) 552-2600	Miriam L. Bybee, CMA 17467 J Street Omaha, NE 68135-2696 (402) 891-0561	Alegent Health - Lakeside 17030 Lakeside Hills Plaza Omaha, NE 68130 (402) 758-5067

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
Trisha Cech, CMA 8536 Granville Pkwy #832 LaVista, NE 68128 (402) 493-4115		Donna Jo Dyer, CMA 5053 N. 154th Street Omaha, NE 68116 (402) 572-8296	Walgreens 171st & Center Omaha, NE 68130 (402) 697-9393
Teresa Cecil, CMA 7502 Diane Ct. LaVista, NE 68128-2634 (402) 597-6613	First Health Physicians 1404 S. Washington St. Papillion, NE 68128 (402) 827-4900	Pamela Jo Dyer, CMA 6049 Holmes Street Omaha, NE 68117 (402) 731-3677	Alegent Health-L St. Clinic 5014 L St. Omaha, NE 68117 (402) 733-4433
Mary L. Chadwell, CMA 7629 Bedford Ave. Omaha, NE 68134-5041 (402) 991-8435	Westroads Medical Group 10170 Nicholas Street Omaha, NE 68114 (402) 391-3800	Katrina Eggers, LRT, CMA 915 County Rd. S Fremont, NE 68025-7928 (402) 721-4971	Fremont Eye Associates 2827 N. Clarkson Street Fremont, NE 68025 (402) 721-7222
Sarah Ann Chantry, CMA 2530 Lillian Street Bellevue, NE 68147-1530 (402) 733-7953	Family Med & Surgery Center 5329 Center Street Omaha, NE 68106 (402) 898-1600	Susan H. Engel, CMA 2665 County Rd #11 Fremont, NE 68025 (402) 721-0268	Milo V. Anderson, M.D. 350 W. 23rd – “D” Fremont, NE 68025 (402) 721-8800
Janice Chase-Nelson, EMT, CMA 2550 N. Ridge Road Drive Fremont, NE 68025-6611 (402) 727-9411	Hamilton College- Omaha Campus 3350 N. 90th Street Omaha, NE 68134 (402) 572-8500	Kathryn E. Flemings, CMA 13003 S. 29th Ave. Bellevue, NE 68123 (402) 293-9339	Creighton- Gastroenterology 601 N. 30th Street #5730 Omaha, NE 68131 (402) 449-4692
Anita R. Clary, CMA 908 Court Street Fort Calhoun, NE 68023 (402) 468-9958	Alegent Family Care 8613 N. 30th Street Omaha, NE 68112 (402) 453-9900	Karrie L. Fogleman, CMA 7523 S. 76th St. LaVista, NE 68128 (402) 502-5170	GIKK Orthopedic Surgeons 7710 Mercy Rd #224 Omaha, NE 68124 (402) 399-8550
Jacqueline Darby, CMA 3611 S. 106th Street Omaha, NE 68124-3615 (402) 397-1980	UNMC/Surgery Clinic 600 S. 42nd Street Omaha, NE 68198 (402) 559-4737	Lisa C. Fowler, CMA 8312 Cedar Island Rd Bellevue, NE 68147-2302 (402) 515-0924	Women’s Healthcare Clinic 6751 N. 72nd St #204 Omaha, NE 68122 (402) 572-3790
Anita M. Davis, CMA PO Box 425 Glenwood, IA 51534 (712) 527-4410	University Family Medicine 989350 UNMC Omaha, NE 68198-9350 (402) 559-7200	Marcia K. Franklin, RN, BSN 10895 Polk Street Omaha, NE 68137 (402) 339-8626	Methodist College 720 N. 87th St. Omaha, NE 68114 (402) 354-6547
Carolyn M. Davis, CPC, CCP, CMA 802 Oak Park Dr. PO Box 486 Sidney, IA 51652 (712) 313-0373	Oncology Hematology West, PC 7710 Mercy Rd., Ste. 123 Omaha, NE 68124 (402) 393-2151 x 102	Janis M. Frederick, CMA 7217 N. 74th Street Omaha, NE 68122 (402) 932-8561	Heart Consultants, PC 6901 N. 72nd St., # 3300 Omaha, NE 68122 (402) 572-3319
Jennifer Desoe, CMA 13611 Carpenter Street Omaha, NE 68138-4355 Unlisted	Alegent Health 6751 N. 72nd Street #204 Omaha, NE 68122 (402) 572-3790	Margaret Ann Gakemeier, CMA 160 N. 8th Street Springfield, NE 68059 (402) 253-2136	First Health Physicians 1414 S. Washington Papillion, NE 68046 (402) 827-4962
Melissa Dorzweiler, CMA 809 A Street Plattsmouth, NE 680448-6691 (402) 296-0516	Not employed in medical field	Kristin L. Gargano, BS, RRT 3350 N. 90th Street Omaha, NE 681134-4710 (402) 571-6343	Hamilton College – Omaha Campus 3350 N. 90th Street Omaha, NE 68134 (402) 572-8500
Sandra K. Duckert, BAT, CMA 4911 N. 129th Ave. Omaha, NE 68164-1713 (402) 431-9425	Creighton Fam. Healthcare-Eagle Run 13110 Birch Ave. #152 Omaha, NE 68164 (402) 496-7711	Jennifer Lynn Grefe, CMA 23938 County Road 26 Arlington, NE 68002-5045 (402) 478-4585	Monty Sellon, M.D. 410 E. 22nd Street Fremont, NE 68025 (402) 721-0090
		Misty Griggs 7618 Kearney Ave. Omaha, NE 68138-6404 (402) 884-5754	Occupational Health Services 7500 Mercy Road Omaha, NE 68124 (402) 398-6581

Home

Anthony L. Gross, CMA
4265 N. 142nd Ave.
Omaha, NE 68164-5046
(402) 498-3667

Diane Gustafson, CMA
15935 Martha Circle
Omaha, NE 68130
(402) 333-9804

Tara Hoeft
10955 Roxbury Plz., Apt. 109
Omaha, NE 68137-3754
(402) 339-2470

Susan Holstein, CMA
7456 Windhill Lane
Blair, NE 68008
(402) 426-5258

Jeri Holt, CMA
2031 N. Union Street
Fremont, NE 68025-3045
(402) 753-8256

Lucy A. Hruska, CMA
4924 N. 104th Street
Omaha, NE 68134-2402
(402) 445-9062

Deanna Jeter, CMA
1514 N. 211th Street
Elkhorn, NE 68022-4665
(402) 289-4572

Colleen M. Johnson, CMA, CPC
2006 Diane Street
Papillion, NE 68046
(402) 891-9193

JoAnn Johnston, CMA
15211 Madison Street
Omaha NE 68137-3880
(402) 896-0991

Karen Kahnk, CMA
1710 Austin Lane
Fremont, NE 68025
(402) 721-5304

Theresa Keeshan, CMA
5505 A Street
Omaha, NE 68106
(402) 502-2518

Michelle Kelly, CMA
2404 Lillian Street
Bellevue, NE 68147
(402) 731-2276

Office

Midwest Accounting &
Tax
11629 Pacific Street
Omaha, NE 68154
(402) 334-2888

Creighton Med Center
601 N. 30th Street
Omaha, NE 68131
(402) 280-5277

Lakeside Hills Family
Medicine
16909 Lakeside Hills Ct.
#300
Omaha, NE 68130
(402) 758-5400

Alegent Health Family
Care
718 S. 19th Street
Blair, NE 68008
(402) 426-5171

Heartland Orthopedic &
Sports Med
2740 N. Clarkson
Fremont, NE 68028
(402) 721-0090

Creighton Family
Healthcare-South
4628 S. 25th Street
Omaha, NE 68107
(402) 449-5750

Alegent Lakeside Hills
16909 Lakeside Hills Plz
Omaha, NE 68130
(402) 758-5400

NHS - Clarkson Hospital
4329 Farnam Street
Omaha, NE 68131
(402) 552-2311

UNMC Physicians West
2727 S. 144th Street
Omaha, NE 68144
(402) 778-5480

Milo Anderson, M.D.
350 W. 23rd Street
Fremont, NE 68025
(402) 721-8800

Oncology/Hematology
West
7710 Mercy Rd., Ste. 100
Omaha, NE 68124
(402) 393-3110

Asthma & Allergy Ctr
401 E. Gold Coast Rd.
#326
Papillion, NE 68046
(402) 592-2055
(402) 592-2055

Home

Melvia Yvette King, CMA
2317 Hogantown Drive
Bellevue, NE 68123
(402) 291-4957

Elizabeth J. Knutzen, CMA
11405 Kansas Circle
Omaha, NE 68164
(402) 493-5439

Sarah Krueger, CMA
14816 Normandy Blvd. #19
Bellevue, NE 68123-4151
(402) 659-6636

Kerri J. Kurtenbach, CMA
1018 N. 145th Circle
Omaha, NE 68154
(402) 573-8535

Rhonda Laughlin, NCPT, CMA
4912 Dumfries Drive
Omaha, NE 68157
(402) 733-2726

Dawn Michelle Liberty, CMA
13405 S. 38th Circle
Omaha, NE 68123
(402) 293-6786

Ann T. Little, CMA
8223 Grand Ave.
Omaha, NE 68134
(402) 571-8322

Kathy Loewens
14507 Monroe Street
Omaha, NE 68137-3970
(402) 895-0744

Amy Logeman, CMA
PO Box 303 206 E. Main
Cedar Bluffs, NE 68015
(402) 628-8245

Susan J. Luce, CMA
2805 S. 38th Ave.
Omaha, NE 68105-3452
(402) 551-9293

Linda Lynch, CM
3152 Hills Farm Rd.
Fremont, NE 68025
(402) 727-6083

Christine M. Mangiamelli, CMA
5717 S. 113th Street
Omaha, NE 68137
(402) 592-3872

Barbara Mansavage, CMA
609 Terrace Ave.
Bellevue, NE 68005
(402) 291-7527

Office

Healthwest - Internal
Medicine
16120 W. Dodge Road
Omaha, NE 68118
(402) 354-0550

Midwest Dermatology
Clinic
4242 Farnam #360
Omaha, NE 68131
(402) 552-2555

PC Internal Medicine
Healthwest
16102 W. Dodge Rd.
Omaha, NE 68118
(402) 354-0550

The Urology Center
111 S. 90th Street
Omaha, NE 68114
(402) 397-9800

Lakeside Health Park
17030 Lakeside Hills Plz
Omaha, NE 68130
(402) 758-5410

UMA - Summit Plaza
3604 Summit Plaza Dr.
Bellevue, NE 68123
(402) 595-2275

Midwest ENT Clinic
4242 Farnam Ste. 150 N.T.
Omaha, NE 68131
(402) 552-3222

EMSI
4812 S. 114th Street
Omaha, NE 68137
(402) 537-3450

Thomas McKnight, M.D.
350 W. 23rd St., Suite A
Fremont, NE 68025
(402) 721-7077

Elvira Rios, M.D.
17021 Lakeside Hills Plz.
Omaha, NE 68130
(402) 333-0300

Virgil Ottun, M.D.
350 West 23rd Street
Fremont, NE 68025
(402) 721-2444

UNMC / Pediatric Dept.
600 S. 42nd Street
Omaha, NE 68198
(402) 559-4208

Home

Susan E. Marx, CMA
13617 Atwood Ave.
Omaha, NE 68144-3581
(402) 758-0023

Kelly Mastel, CMA
1727 South 10th Street
Omaha, NE 68108
(402) 346-0193

Gerilyn L. Matthies, CMA
15012 S. 120th St.
Springfield, NE 68059-4905
(402) 253-8062

Dallas D. McCain, CMA
6412 S. 76th Circle
Omaha, NE 68127
(402) 339-1428

Marilyn A. McCarville, CMA
7105 LaVista Drive
LaVista, NE 68128-2097
(402) 933-6851

Ruth A. McCary, CMA
11007 N. Lakeshore Drive
Blair, NE 68008-6253
(402) 426-1994

Alana J. McCrillis, CMA
1739 N. 105th Street
Omaha, NE 68114
(402) 496-0667

Kari Lynn McDuffie
54603 221st Street
Glenwood, IA 51534-6297
(712) 527-3798

Barbara L. McMullen
4115 N. 55th Ave.
Omaha, NE 68104-2825
(402) 453-1574

April McNichols, CMA
5724 N. 79th Street
Omaha, NE 68134
(402) 573-8896

Lauren McQuinn
4026 Spring Circle
Omaha, NE 68105
(402) 612-2110

Joanne Milos, CMA
1510 Madison Street
Bellevue, NE 68005
(402) 292-1951

Office

UNMC / Cancer Center
600 S. 42nd Street
Omaha, NE 68198
(402) 559-5600

Not employed in
medical field

Midwest Allergy &
Asthma Clinic
8552 Cass Street
Omaha, NE 68114
(402) 397-7400

UNMC
600 S. 42nd Street
Omaha, NE 68198
(402) 559-2275

Mark Frey, M.D.
1413 S. Washington St.
#240
Papillion, NE 68046
(402) 932-1999

UMA-Internal Medicine
600 S. 42nd Street
Omaha, NE 68198
(402) 559-6241

Elvira Rios, M.D.
17021 Lakeside Hills Plz.
Omaha, NE 68130
(402) 333-0300

Meera Dewan, M.D., P.C.
11912 Elm Street #26
Omaha, NE 68144
(402) 330-477

LIFE MEMBER/
RETIRED

Pulm. Medicine
Specialists, PC
6828 N. 72nd Street
Omaha, NE 68122
(402) 572-3760

Women's Center
8901 W. Dodge Rd.
Omaha, NE 68114
(402) 354-8661

University Medical
Associates
3604 Summit Pl. Drive
Bellevue, NE 68123
(402) 595-2275

Home

Emilia Veronica Moore, CMA
13302 S. 32nd Circle
Bellevue, NE 68123-2367
(402) 614-0085

Pamela Sue Morgan, CMA
9305 Manderson Cir
Omaha, NE 68134
(402) 333-5960

Robin Moyer, CMA
1956 E. 3rd Street
Fremont, NE 68025
(402) 721-7781

Jeannine L. Nagel, CMA, BSHCM
6311 Pinkney Street
Omaha, NE 68104-3332
(402) 558-5234

Dawn Neighbors, CMA
119 Robin Road
Council Bluffs, IA 51503-5159
(712) 325-5520

Krista Lynn Nelson, CMA
12241 Crawford Circle
Omaha, NE 68144
(402) 691-8152

Vera Newson
5609 Fontenelle Blvd.
Omaha, NE 68111-1539
(402) 453-1689

Melissa O'Connor
2401 S. 48th Ave.
Omaha, NE 68106
(402) 558-2773

Katherine Opheim, CMA
5111 N. 116th Street
Omaha, NE 68164-2070
(402) 445-0042

Cynthia Oquendo, CMA, LRT
6794 Emmet Street
Omaha, NE 68104
(402) 558-6944

Norma J. Parker, CMA
2316 N. 152nd Street
Omaha, NE 68116
(402) 491-3272

Office

First Health P.C.-
Papillion
1414 S. Washington St.
Papillion, NE 68046
(402) 827-4900

Hamilton College –
Omaha Campus
3350 N. 90th Street
Omaha, NE 68134
(402) 572-8500

Prairie Fields Family
Medical Clinic
350 W. 23rd Street
Fremont, NE 68025
(402) 721-7077

Lakeside Hills- Internal
Med.
17030 Lakeside Hills
Plaza #122
Omaha, NE 68130
(402) 758-5400

Omaha Internal
Medicine
1805 N. 145th Street
Omaha, NE 68154
(402) 393-1000 Ext.1018

GICK Orthopedic
Surgeons
7710 Mercy Road #224
Omaha, NE 68124
(402) 361-5254

Lakeside
17030 Lakeside Hill Plz
Omaha, NE 68130
(402) 758-5400

Women's Health Center-
West
2514 S. 119th Street
Omaha, NE 68144
(402) 597-2730

Alvera Rios, M.D.
17021 Lakeside Hills
Plaza #100
Omaha, NE 68130
(402) 333-0300

RETIRED

(402) 445-2675 (FAX)

<i>Home</i>	<i>Office</i>	<i>Home</i>	<i>Office</i>
Donna M. Pearson, CMA PO Box 251 Mead, NE 68041 (402) 624-6855	Coleman Clinic PO Box 185 Wahoo, NE 68066 (402) 443-3434	Virginia L. Rozmiarek, CMA-C 1109 MacArthur Drive Papillion, NE 68046 (402) 339-8679	RETIRE
Leigh A. Perez, CMA 921 N. 168th Ave. Omaha, NE 68118 (402) 289-3472	Health West - Rheumatology 16102 W. Dodge Road Omaha, NE 68118 (402) 354-0960	Leora E. Ruckman, CMA, LRT 4807 Redick Ave. Omaha, NE 68152-2576 (402) 455-4567	Creighton Healthcare Clinic – South 4628 S. 25th Street Omaha, NE 68107 (402) 449-5751
Clarissa Ann Peters, CMA 8606 S. 139th Circle Omaha, NE 68138 (402) 932-1656	Women’s Health Center- West 2514 S. 119th Street Omaha, NE 68114 (402) 597-2730	Stephanie K. Rutledge, CMA 11902 S. 34th Street Bellevue, NE 68123-1312 (402) 291-7893	UMNC– ENT/Allergy Clinic 600 S. 42nd Street Omaha, NE 68198 (402) 559-5208
Jamie Marie Peters, CMA 2617 N. 97th Ave. Omaha, NE 68134 (402) 399-2081	Boystown - Pediatric Clinic 555 N. 30th Omaha, NE 68131 (402) 498-6677	Angie Schalbrack, CMA 7712 Bondesson Street Omaha, NE 68122 (402) 598-3111	Alegent Health - Brentwood 8074 S. 84th Street LaVista, NE 68028 (402) 593-1700
Marjorie Petersen, CMA 30654 330th Street Minden, IA 51553-4040 (712) 483-2558	Miller Orthopedic 201 Ridge Street #307 Council Bluffs, IA 51503 (712) 388-0157	Cheryl Schenk, CMA 9324 Tomahawk Blvd. Omaha, NE 68134-2759 (402) 571-1721	Not employed in medical field
Terese N. Pollreis, CMA 1505 N. 10th Street Bellevue, NE 68005-4004 (402) 733-1270	NHS/UMA Turner Park 2955 Farnam Omaha, NE 68131 (402) 595-3939	Marijo Schneiderwind 4954 Greene Ave. Omaha, NE 68157-2923 (402) 733-4044	Britt Thedinger, M.D. 8005 Farnam Street #206 Omaha, NE 68114 (402) 933-3277
Deborah C. Price, CMA 21736 Ridge Circle Elkhorn, NE 68022 (402) 289-1140	Lakeside Family Medicine 17030 Lakeside Hills Plz Omaha, NE 68130 (402) 758-5067	Christina Shotkoski, CMA 1753 S. 27th Street Omaha, NE 68105-2623 (402) 341-6883	DJM 11704 W. Center Road Omaha, NE 68144 (402) 334-3377
Julie Michele Price, CMA 4660 Greene Ave. Omaha, NE 68157 (402) 933-5798	Alegent Health – Imm. Care 9717 Q Street Omaha, NE 68127 (402) 354-7512	Dianne Siderewicz, CMA 6903 S. 78th Street LaVista, NE 68128 (402) 934-5245	Alegent Health-Madison Ave. Clinic 1751 Madison Ave. Council Bluffs, IA 51503 (712) 328-8800
Shandra M. Rathman, CMA 422 W. Sherman Street Papillion, NE 68046-2556 (402) 933-4194	Primary Care Physicians 12728 Augusta Ave. Omaha, NE 68144 (402) 330-1410	Catherine R. Smith, CMA 4609 California St. #5 Omaha, NE 68132 (402) 592-9730	Lakeside Hills Family Medicine 17030 Lakeside Hills Plz Omaha, NE 68130 (402) 758-5068
Glenette R. Robinson, CMA 5726 Fort Street Omaha, NE 68104 (402) 932-1485	Alegent Family Care Clinic - Benson 2734 N. 61st Street Omaha, NE 68104 (402) 553-0222	Kathleen M. Sperry, CMA 11226 Ellison Ave. Omaha, NE 68106-3813 (402) 496-6011	University Medical Associates 600 S. 42nd Street Omaha, NE 68198 (402) 559-6574
Melissa Romsa, CMA 405 Elk Ridge Drive Papillion, NE 68046-4370 (402) 331-7160	Nebraska Heart Institute Clinic 701 Olson Drive #106 Omaha, NE 68046 (402) 592-0077	Diane M. Stanley, CMA 1127 Parc Drive Papillion, NE 68046 (402) 597-6469	Oncology/Hematology West 611 Fenwick Drive Papillion, NE 68046 (402) 593-3141
Joan K. Roragen, CMA 12014 Quail Drive Bellevue, NE 68123 (402) 291-6486	Physicians of Internal Medicine 7710 Mercy Road #601 Omaha, NE 68124 (402) 397-5236	Kellie P. Starman, CMA 2316 N. 60th Street Omaha, NE 68104 (402) 208-1931	

Home

Shadda Steffensmeier, CMA
645 Co. Road F
Scribner, NE 68057
(402) 568-2208

Dawn Sterba, CMA
9714 1st Ave.
Plattsmouth, NE 68048
(402) 296-4473

William S. Sudol, CMA
3714 Leawood Drive
Omaha, NE 68123
(402) 292-6407

Christine L. Sullivan, CMA
3600 Ave. G.
Council Bluffs, IA 51501
(712) 322-4112

Tammy Swanson, CMA
2329 N. 66th Street
Omaha, NE 68104-3916
(402) 504-4452

Andrea Tiarks, CMA
617 Arnold Ave.
Council Bluffs, IA 51503-5150
(712) 325-1669

Pamela D. Trapp, CMA
8404 S. 49th Terr.
LaVista, NE 68157
(402) 738-1535

Pragna Trivedi
1208 25th Street
Auburn, NE 68305
(402) 274-2682

Janet Ueding, CMA
909 L Street
Tekamah, NE 68061
(402) 374-1494

Carol J. Uhe, CMA
3520 Waverly Road
Murray, NE 68409
(402) 235-3456

Michelle R. Vankat, CMA
1623 N. 107th Ave.
Omaha, NE 68114-1023
(402) 493-6208

Allen Wagner, CMA
1004 Dogwood Circle
Bellevue, NE 68005-2417
(402) 293-0908

Office

Alegent Health
16909 Lakeside Hills
Plaza #300
Omaha, NE 68130
(402) 758-5045

First Health Physicians
Clinic
1414 Washington Street
Papillion, NE 68046
(402) 827-4927

Allergy, Asthma &
Immunology Assoc., PC
2808 S. 80th Ave., Ste. 210
Omaha, NE 68124
(402) 391-1800

Omnium Worldwide, Inc.
7171 Mercy Road
Omaha, NE 68106
(402) 677-3973

Creighton OB/GYN
601 N. 30th Street
Omaha, NE 68131
(402) 280-4425

Colon & Rectal Surgery,
Inc.
9850 Nicholas St., #100
Omaha, NE 68114
(402) 343-1122

UMA Associates
2102 Harvell Circle
Bellevue, NE 68005
(402) 595-1342

Not employed in
medical field

Alegent Health - Arbor
Family Care
2255 S. 132nd Street
Omaha, NE 68144
(402) 717-3390

Internal Medicine
Associates, P.C.
650 N. Doctors Bldg.,
4242 Farnam
Omaha, NE 68131
(402) 561-2600

PSI Healthcare
8646 F Street
Omaha, NE 68127
(402) 331-5472

Not employed in
medical field

Home

Alecia Wair, CMA
6908 Oak Plaza Apt. G9
Omaha, NE 68106-3434
(402) 505-6628

Andrea Marie Wheeler, CMA
10937 Curtis Ave.
Omaha, NE 68164
(402) 445-4082

MaLinda Leigh Wheeler, CMA
314 S. 10th St
Plattsmouth, NE 68048-1238
(402) 296-2808

Dona Witters, CMA, BSHCM
6123 N. 101st Plaza
Omaha, NE 68128
(402) 614-4321

Wendy Sue Zaloudek, CMA
3355 S. 137th Street
Omaha, NE 68144
(402) 333-6626

STUDENT MEMBERS OF THE OMAHA CHAPTER

Kellie S. Aquilar
3723 N. 65th Street
Omaha, NE 68104-3247
(402) 614-2330

Jean M. Casale, CMA
12603 N. 178th Circle
Bennington, NE 68007-5706
(402) 359-1838
(402) 280-3427

Lisa DeWeese, CMA
237 Hackberry Drive
Gretna, NE 68028-4429
(402) 332-0209
(402) 690-2003

Barbara Harter
2001 Morrie Dr
Bellevue, NE 68123-4027
(402) 614-2000
(402) 321-7608

LaShundia D. Hobbs
10675 Charles Plaza #916
Omaha, NE 68114-1042
(402) 706-8192
(402) 934-4535

Leslie Hunter
1104 S. 51st Street
Omaha, NE 68106-1717
(402) 556-3038

Office

Alegent Health
Elmwood Family Care
808 S. 52nd Street
Omaha, NE 68106
(402) 551-8900

Methodist Health Clinic
- Lozier
6336 John J. Pershing Dr.
Omaha, NE 68110
(402) 457-8088

Shari Burns, M.D.
4913 S. 25th Street
Omaha, NE 68107
(402) 731-3553

Alegent Health Medical
Assisting Program
6901 N. 72nd Street
Omaha, NE 68122
(402) 572-2676

Sports Medicine
Healthwest
16120 W. Dodge Rd.
Omaha, NE 68118
(402) 354-0707

Home**Office**

Amy Knott
9224 Berry Street
Omaha, NE 68127-3525
(402) 551-9598
(402) 354-2021

Charlotte Mai
3701 McKinley Lot B#28
Omaha, NE 68112

Angela McMillian
108 Matthews Drive
Papillion, NE 68046
(402) 339-4085

Michaela L. McMorris, CMA
14109 Virginia Street
Omaha, NE 68138
(402) 894-2992
(402) 393-3616

Cheryl Miller, CMA
4554 Greene Ave.
Omaha, NE 68157-2643
(402) 734-2454

Robin Renee Neil
862 Mary Street
Elkhorn, NE 68022
(402) 578-2381
(402) 558-5600

Home**Office**

Linda L. Rocz, CMA
5511 S. 80th Street
Ralston, NE 68127
(402) 592-0268

Ashley Styles
943 S. 153rd Street
Omaha, NE 68154
(402) 330-1738
(402) 354-0550

Gnandi Tanghanwaye
6346 S. 96th Street #111
Omaha, NE 68127
(402) 614-3163
(402) 614-4000

Trisha J. Trummer, CMA
1902 S. 38th Ave., Apt. 203
Omaha, NE 68105
(402) 627-5232
(402) 595-2280

Madel Villanueva
1401 Hickory Street
Omaha, NE 68108-3521
(402) 933-8932

Antoinette Wood
8923 Valley Street
Omaha, NE 68124-3028
(402) 614-6124

MEDICAL ASSISTING PROGRAMS IN OMAHA

ALEGENT HEALTH

Medical Assisting Program
Dona Witters, CMA, BSHCM
Program Coordinator
6901 N 72nd St
Omaha, NE 68122
402-572-2676
F) 402-572-3486
dwitters@alegent.org

HAMILTON COLLEGE - OMAHA

Medical Assisting Program
Kristine Gargano, BS, RRT
Department Head
3350 N 90th St
Omaha, NE 68134
402-572-8500
F) 402-573-1341
kgargano@hcomaha.com

METHODIST COLLEGE

Medical Assisting Program
Marcia Franklin, RN, BSN
Program Coordinator
720 N 87th St
Omaha, NE 68114-2852
402-354-7076
F) 402-354-7250
marcia.franklin@methodistcollege.edu

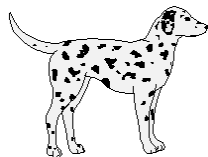
VATTEROTT COLLEGE

Medical Assisting Program
Jacqueline Stennis, MA, BS
Program Director
11818 I St
Omaha, NE 68137
402-891-9411
F) 402-891-9413
jacqueline.stennis@vatterott-college.edu

Nebraska Society of Medical Assistants, Incorporated

An Affiliate of the American Association of Medical Assistants

AMENDED APRIL 28, 2006



The purpose of NSMA is to promote the professional identity and stature of its members, and the medical assisting profession, through education and credentialing.

CODE OF ETHICS

The Code of Ethics of NSMA shall set forth principles of ethical and moral conduct as they relate to the medical profession and the particular practice of medical assisting.

Members of NSMA dedicated to the conscientious pursuit of their profession, and thus desiring to merit the high regard of the entire medical profession and the respect of the general public which they serve, do pledge themselves to strive always to:

- A. Render service with full respect for the dignity of humanity.
- B. Respect confidential information obtained through employment unless legally authorized or required by responsible performance of duty to divulge such information.
- C. Uphold the honor and high principles of the profession and accent its disciplines.
- D. Seek to continually improve the knowledge and skills of medical assistants for the benefit of patients and professional colleagues.
- E. Participate in additional service activities aimed toward improving the health and well-being of the community.

DEFINITION OF THE PROFESSION

Medical Assisting is an allied health profession whose practitioners function as members of the health care delivery team and perform administrative and clinical procedures.

ARTICLE I NAME

The name of this organization shall be Nebraska Society of Medical Assistants, Inc., an affiliate of the American Association of Medical Assistants, hereinafter known as NSMA. It is a federation of its component (local) chapters.

ARTICLE II PURPOSE

The purpose of NSMA is to enable medical assisting professionals to enhance and demonstrate the knowledge, skills and professionalism required by employers and patients; protect medical assistant's right to practice; and promote effective, efficient health care delivery through optimal use of multi-skilled Certified Medical Assistants (CMAs).

ARTICLE III ORGANIZATIONAL POLICY

The Nebraska Society of Medical Assistants is hereby declared to be non-profit. It is not, nor shall it ever become, a trade union or collective bargaining agent. No person otherwise qualified for membership in the Nebraska Society will be denied membership because of race, religion, sex, national origin, or political party affiliations.

Exception: No person who participates in the activities of organizations whose purpose is to over-throw the Government of the United States may become a member of this society.

ARTICLE IV COMPONENT CHAPTERS

1. Component chapters are local chapters of medical assistants of the Nebraska Society.
2. A component chapter shall become a member of the Nebraska Society by applying for membership to the Board of Directors, submitting written approval from the County Medical Society, where feasible, and five copies of its proposed By Laws. These By Laws are to be examined by the Nebraska Society By Laws Committee. The By Laws of the component chapter shall not be in conflict with those of the Nebraska Society of Medical Assistants, Inc. The Bylaws of the Nebraska Society of Medical Assistants shall supersede those of a component chapter.
3. The Chairman of the By Laws Committee of this Society shall submit recommendations to the Board of Directors, and after majority approval by the Board of Directors, the component chapter shall be notified of its affiliation with the Nebraska Society of Medical Assistants, Inc.
4. Component chapters affiliated with the Nebraska Society, which have been approved by the Board of Directors prior to December 31st of any year, shall be entitled to representation at the Annual Meeting.
5. A component chapter found guilty of any conduct or action deemed in contradiction to the American Association of Medical Assistant's Code of Ethics or By Laws of the Association or otherwise inimical to the best interest of this Society shall be subject to revocation of its charter. Written notice of intent to revoke charter shall be given ninety (90) days prior to a meeting of the Board of Directors to give the Chapter an opportunity to appeal. A two-thirds ballot vote of the Board of Directors shall be necessary for revocation.

6. Component society bylaws must be in strict conformity with the mandated sections of the AAMA Bylaws: Name and Affiliation, Purpose, Membership, Dues, Reciprocity of Membership, Delegates/Alternates representation to the House of Delegates, Dissolution.

It will be the responsibility of AAMA to notify constituent societies of any changes in those mandated bylaws. It will be the responsibility of the constituent societies to make the mandated changes with copies of revised bylaws returned to AAMA within 30 days of notification. Any action taken by a state society that is inconsistent with such mandated language shall be immediately null and void and of no effect.

ARTICLE V MEMBERSHIP

Section 1. Classes.

There shall be eight classes of membership: Active, Affiliate, Associate, Honorary, Life, Member-at-Large, Student, and Sustaining.

Section 2. Qualifications.

- A. ACTIVE- an active member shall be one of the following:

1. An AAMA Certified Medical Assistant (CMA) whose CMA credential has not been revoked as provided by the AAMA Certifying Board Disciplinary Standards and Procedures for CMAs (see www.aama-ntl.org).
2. Anyone who was an active member on 12-31-87 and who has maintained continuous active membership. (Continuous active membership shall be defined as having dues post-marked to the AAMA Executive office by December 31st).

- B. AFFILIATE - an affiliate member shall be one who is not eligible for another category of membership but who is interested in the profession of medical assisting.

- C. ASSOCIATE - an associate member shall be a medical assistant who is not yet an AAMA Certified Medical Assistant (CMA) and who does not fall under any other category.

- D. HONORARY - membership may be conferred upon any individual (not necessarily a member or former member) who has made an outstanding contribution to the Society. This shall require a two-thirds vote of the House of Delegates and there shall be no more than one honorary membership conferred in any one year. The name of a candidate for honorary membership, together with a statement outlining his/her contribution shall be submitted to the Board of Directors for approval and recommendation to the House of Delegates. Honorary members shall not vote, hold office or serve as committee chair.

- E. LIFE - life membership may be conferred upon a member or former member who has made an outstanding contribution to the Society. This shall require a two-thirds vote of the House of Delegates. There shall be no more than one Life membership conferred in any one year. The name of a candidate for Life membership, together with a statement outlining their contribution, must be submitted to the Board of Directors for approval and recommendation to the House of Delegates. Life members shall not be required to pay dues. They shall be able to vote, hold office and chair a

committee, as well as receive the *CMA Today* Journal with the subscription rate paid by the State Society.

- F. MEMBER-AT-LARGE - is one who meets all the qualifications of active, life, sustaining, associate, student, honorary or affiliate except that a component chapter does not exist in the area of residence. Such a member shall pay only State and National dues.
- G. STUDENT - a student member:
1. Shall be enrolled in a medical assisting program.
 2. Shall carry a minimum of six (6) contact hours per week, per term.
 3. May retain membership for one additional dues year after graduation if active or associate membership is not chosen.
 4. Shall be limited to a maximum of three (3) years as a student member.
 5. Cannot chair a committee.

- H. SUSTAINING - anyone who has been an active or associate member for at least two years, who has retired from medical assisting and who has not entered into another field is eligible for sustaining membership. This membership shall be forfeited if not renewed annually.

Section 3. Revocation.

Any member who has had their CMA credential revoked by the Certifying Board as provided by the AAMA Certifying Board Disciplinary Standards and Procedures for CMAs (see www.aama-ntl.org), will immediately lose their membership and all privileges attached thereto and shall not be allowed reinstatement, unless the revocation of the credential is rescinded by the Certifying Board. No refund of any dues amount paid will be made.

NSMA will not have International members.

ARTICLE VI DUES

Section 1. Annual dues shall be an amount fixed by the House of Delegates of the NSMA and shall be in the medium range of standardization. Dues shall become due and payable November 1st and shall be delinquent if postmarked after December 31st.

- A. Full dues will be assessed for active, affiliate and associate members.
- B. Life and Honorary members are not required to pay State dues.
- C. Member-at-Large members will be assessed State and National dues.
- D. Student members will be assessed National student dues only. NSMA shall not assess student dues.
- E. Half of tri-level dues will be assessed for sustaining members.

Section 2. Membership belongs to the individual and shall be non-refundable and nontransferable.

Section 3. Reciprocity shall be offered to members transferring from another State or Chapter. The transferring member shall present proof of current AAMA membership status.

ARTICLE VII OFFICERS

A. The Officers of this Society shall be :

1. Elected:
 - a. President
 - b. Vice-President
 - c. President-Elect
 - d. Recording Secretary
 - e. Treasurer
 - f. Speaker of the House
 - g. Vice Speaker of the House
 - h. Immediate Past President

2. Appointed:
 - a. Corresponding Secretary
 - b. Parliamentary Advisor

B. These officers shall perform the duties prescribed by these By-Laws and by the parliamentary authority adopted by this Society.

C. The elected officers shall be chosen by ballot at the annual meeting of the House of Delegates to serve for one year or until successors are elected, with the exception of Treasurer, Speaker of the House and Vice Speaker of the House, who shall serve for two years. The term of office shall begin at the close of the annual meeting at which they are elected.

D. Appointed officers shall be named by the incoming President, with the approval of the Executive Committee for a term of one year.

E. Eligibility:

1. In order to be a candidate for state office, the candidate:
 - a. Shall be an active, associate or a member-at-large of this Society.
 - b. Shall have served as a local chapter officer or local chapter committee chair and/or shall have chaired a Society committee.
 - c. Shall have the written endorsement of the local chapter, or in the case of a member-at-large, of the Society Board of Directors.
 - d. Shall have dues postmarked prior to December 31st.

F. Vacancies:

1. If there is a vacancy in the office of President, the President Elect shall become President. If there is a vacancy in the office of President Elect, the Vice-President shall become President Elect . If there is a vacancy in the office of Speaker of the House, the Vice Speaker shall become Speaker of the House.
2. A vacancy in the office of Vice President shall require immediate election by the current voting body of the House of Delegates. Any other officer vacancy shall be filled by ballot vote of the Board of Directors.

G. Duties:

1. PRESIDENT:

- a. Shall preside at all meetings of this Society except meetings of the House of Delegates.
- b. Shall be Chair of the Executive Committee and the Board of Directors.
- c. Shall be ex-officio, a member of all committees, except the Nomination Committee.
- d. Shall appoint special committee chairs with the approval of the Executive Committee.
- e. Shall have power to fill vacancies in the committee chairs occurring during the year with the approval of the Executive Committee.
- f. Shall serve as a delegate to the National Convention of the American Association of Medical Assistants held during their term of office.

2. VICE-PRESIDENT:

- a. Shall assist the President and President Elect throughout the year.
- b. Shall automatically succeed to the office of President Elect at the end of term or in the event of a vacancy in that office.
- c. Shall serve as first alternate delegate to the National Convention of the American Association of Medical Assistants held during that term of office.
- d. The Vice President shall automatically serve on the Bylaws Committee.

3. PRESIDENT-ELECT:

- a. Shall assist the President and Vice-President in their duties throughout the year.
- b. Shall assume the duties of the President in the absence of that officer.
- c. Shall automatically succeed to the Office of President at the end of term or in the event of a vacancy in that office.
- d. Shall select the three-member State Medical Advisory Board, Standing Committee Chairs and Appointed Officer(s), for the upcoming year, subject to Board approval at the post-convention Board meeting.
- e. Shall serve as delegate to the National Convention of the American Association of Medical Assistants held during term of office.
- f. The President Elect shall automatically serve on the Bylaws Committee.

4. IMMEDIATE PAST-PRESIDENT:

- a. Shall serve as Chair of the Past President Society, keeping information on past Presidents current.
- b. Shall send greeting cards to Past Presidents as discussed at meetings.

5. RECORDING SECRETARY:

- a. Shall have the responsibility for keeping the minutes of all regular and special meetings of the Society, all Board of Directors meetings and Executive Committee meetings.
- b. Shall be custodian of all important documents and property of the Society to include stationery.
- c. Shall keep on file all committee reports, dating them as received.

6. TREASURER:

- a. Shall have the responsibility of the monies of this Society.
- b. Shall keep a detailed account of the receipts and disbursements and make reports to the Executive Committee, Board of Directors and the House of Delegates.
- c. Shall be a member of the Budget and Finance Committee.
- d. Shall be under a surety bond in the amount to be fixed by the Board of Directors, paid by the Nebraska Society.
- e. Shall keep state pins and past President pins and report inventory with the annual Treasurer's Report.
- f. Shall serve a two-year term.

7. SPEAKER OF THE HOUSE:

- a. Shall preside at all meetings of the House of Delegates.
- b. Shall appoint the Credentials Committee of the House of Delegate.
- c. Shall prepare a delegates packet to be mailed to all delegates and alternates thirty days prior to the annual meeting.
- d. Shall appoint four tellers, one timekeeper, two pages and two credentials committee members for the House of Delegates and such other committees as necessary for the organization and operation of the house.
- e. Shall serve a two-year term.

8. VICE-SPEAKER OF THE HOUSE:

- a. Shall assist the Speaker of the House in her duties throughout the year.
- b. Shall assume the duties of the Speaker of the House in her absence.
- c. Shall become Speaker of the House in case of the resignation or death of the Speaker of the House.
- d. Shall serve a two-year term.
- e. Shall be Chair of the Nominating Committee.

9. CORRESPONDING SECRETARY:

- a. Shall carry on the correspondence of this Society under the direction of the President.
- b. May attend meetings of the Executive Committee upon request of the President, without vote.
- c. This position may be optional under the discretion of the newly elected President.
- d. Shall be appointed by the President with approval of the Board for a term of one year.

10. PARLIAMENTARY ADVISOR:

- a. Shall be appointed by the President with approval of the Board of Directors for a term of one year.
- b. Shall be present at all executive and board of director meetings including the House of Delegates in an advisory capacity to the President and Speaker of the House without the right to vote.
- c. Shall advise the State Board on points of order and proper parliamentary procedure according to the By Laws of this Society and *Robert's Rules of Order Newly Revised*.
- d. Shall have working knowledge of the Standing Rules.
- e. Shall serve on the By Laws Committee in an advisory capacity without vote.

ARTICLE VIII AUTHORITY

A. LEGISLATIVE AUTHORITY-HOUSE OF DELEGATES:

- 1. Definition: The Legislative Body of the Nebraska Society shall be the House of Delegates which shall have the authority to determine the policies of this Society, the power to amend the By Laws, to act upon such business as may be presented, and to conduct the annual election of officers.
- 2. Delegates:
 - a. Each delegate must be a member of good standing whose dues have been forwarded to AAMA prior to December 31. The delegate is otherwise ineligible.
 - b. Each component chapter shall be entitled to elect three delegates and three alternates.
 - c. Members-at-Large shall be represented by one delegate and one alternate per every fifteen members-at-large or fraction thereof, to be contacted by the Vice Speaker of the House and approved by the Executive Board.
 - d. Elected officers and the Immediate Past President shall be delegates.
 - e. In the event that any component chapter is unable to be represented by the full component of delegates to which it is entitled, it may assign proxy votes.

1. An elected delegate may assign his/her vote to another qualified member of his/her chapter or another chapter.
 2. A proxy card shall be obtained from the Speaker of the House at the earliest possible time.
 3. Completed cards signed by two officers of the chapter shall be returned to the Speaker.
 4. The holder of the proxy is subject to all rules applied to an elected delegate.
 5. In an emergency the proxies may be granted by a majority vote of the House of Delegates.
- f. Delegates and alternates shall be elected to serve for one year, from the opening of the House of Delegates that year, until the opening of the House of Delegates the following year.
3. Meetings:
- a. The House of Delegates shall convene at the annual spring convention, time and place to be approved by the Board of Directors.
 - b. One-third of the members of the House of Delegates shall constitute a quorum.
 - c. Each delegate shall be entitled to one vote.
 - d. Emergency meeting of the House of Delegates may be held at the call of the President or at the request of three members of the Executive Committee.

B. EXECUTIVE AUTHORITY:

1. The Executive Committee shall consist of the following officers: President, Vice-President, President-Elect, Recording Secretary, Treasurer, Speaker of the House, Vice-Speaker of the House and Immediate Past President. The State President shall be the Chair.
 - a. The executive committee shall appoint the delegates(s) and alternates(s) from the members at large to the NSMA House of Delegates.
 - b. Shall approve the appointments by the incoming President of the Corresponding Secretary, Parliamentary Advisor and all Standing and Special Committee Chairs with the exception of the Nominating Chair.
 - c. Shall act for this society in the interim between meetings of the Board of Directors.
2. The Board of Directors shall consist of the President, Vice-President, President-Elect, Recording Secretary, Treasurer, Speaker of the House, Vice Speaker of the House, Corresponding Secretary, Immediate Past President, Parliamentary Advisor, Chairs of all Standing Committees, and all affiliate Chapter Presidents. The State President shall be Chair.
 - a. Board members must be in attendance of a minimum of four out of six meetings. Chapter Presidents have the authority to appoint a representative to attend in their absence and have

the same voting power. Failure to comply with the minimum BOD meeting attendance requirement will result in removal from office/ chair and eligibility status denied. Due process will be allowed with the right to appeal sent to the BOD in writing.

- b. Shall fill unexpired terms of office and standing committee chairs except for President, President Elect and Speaker of the House.
 - c. Shall designate the amount of the surety bond covering the treasurer.
 - d. Shall appoint the Vice Speaker of the House as Chair of the Nominating committee. This Chair serves without vote.
 - e. Shall approve the President's Elect appointment of the State Medical Advisory Board.
 - f. Shall approve the time and place for the Society's annual meeting.
 - g. Shall adopt and/or amend Standing Rules following annual reviews and as needed.
 - h. Shall conduct the business of the Society between annual meetings.
3. Meetings:
- a. There shall be a minimum of three meetings a year: post-convention, pre-convention and the other(s) as designated by the Board of Directors. Meetings may be called by the President or by request of three members of the Board of Directors.
 - b. A quorum shall consist of nine members of the Board of Directors, three being elected officers.
 - c. Removal from office. An officer or committee chair who fails to perform the required duties or give just cause, will be removed from their office or position by a quorum vote of the Executive Committee.

ARTICLE IX NOMINATIONS & ELECTIONS

A. ELECTIONS:

1. The Nominating Committee shall solicit, screen and present a slate of nominees for offices and Delegate/Alternate to the AAMA National Convention.
2. The number of delegates and alternates to the AAMA Annual meeting is determined by AAMA Bylaws with respect to the size of the State Membership. The President and President-Elect are delegates by virtue of office. Additional delegates and alternates are elected in rank according to votes cast.
3. All elections shall be ballot vote on those names presented by the Nominating Chair or nominated from the floor. The candidate receiving the majority of the votes cast will be declared elected. Where a clear majority is not evident, the balloting will be repeated on the two candidates receiving the highest number of votes. Where there are more than two candidates for the same office, plurality votes shall elect.

4. Candidates for election must be present at the Annual Meeting unless excused by the Executive Committee.

ARTICLE X MEETING

1. There shall be an Annual Meeting of this Society, in the spring of each year at a time and place to be approved by the Board of Directors. In the interim between Annual Meetings, the Board of Directors shall conduct the business of the Society.
2. The current President shall receive a courtesy registration to the NSMA annual convention.
3. The Convention Chair and Vice-Chair shall each receive a courtesy registration to the NSMA annual meeting.
4. After final review of the annual convention profit/loss statement, payment of 5% profit shall be given to the hosting chapter.

ARTICLE XI COMMITTEES

- A. There shall be the following Standing Committees: Editorial, Budget and Finance, By Laws, Certification, Convention, Continuing Education, Archives, Liaison, Membership, Mentor, Nominating, Publication, Public Affairs, Marketing, and Awards.
- B. All Standing and Special Committee Chairs shall be appointed by the incoming President, with the exception of the Nominating and Convention Committees.
 1. The Committee Chairs shall select their committee members, with the exception of the Nominating and Education Committees.
- C. The President shall be ex-officio, a member of all committees except the Nominating Committee.
- D. The Chairs of all Standing Committees shall send copies of official correspondence to the President and President-Elect.
- E. The Chairs of each Standing Committee shall prepare typewritten reports for all Board of Director meetings and for the Annual Convention. He/she shall give copies of such reports to the President, President-Elect, Vice-President and Recording Secretary. Additional copies shall be provided when directed.
- F. All Standing and Special Committee Chairs are required to be an active, associate or member at large in good standing with NSMA.
- G. Each Standing Committee Chair shall be an active or associate member of this Society and have dues paid prior to December 31st.
- H. Composition and Duties of Standing Committees:

1. EDITORIAL COMMITTEE:

- a. The Editorial Committee shall be composed of a chair and a society member(s) as requested by the editor.

b. Duties:

- 1) Shall prepare, publish, and distribute issues of the NSMA publications under the guidance of the President and the Board of Directors.
- 2) Shall correlate and assemble the information for the Med-A-Gram as presented from this committee.
- 3) Shall adhere to the deadline schedule established by the printing company.
- 4) Shall be responsible for correspondence between the printing company and this society.
- 5) Shall be responsible for distribution to each member of this Society in whatever manner and time is most expeditious after the publication is ready.

2. BUDGET & FINANCE COMMITTEE:

- a. The Budget and Finance Committee shall be composed of the Chair, Treasurer and two members selected from the Board of Directors.

b. Duties:

- 1) Shall have general supervision of the finances of the Nebraska Society, subject to approval of the Board of Directors.
 - 2) Shall prepare a tentative annual budget to be presented for consideration at the Fall Board of Director's meeting. After approval by the Board of Directors, the budget shall be presented to the House of Delegates for adoption.
 - 3) Shall prepare a tentative Annual Convention budget, including income from estimated registrations, and all anticipated expenses, by September 1 (after reviewing budgets of previous State Conventions) to be presented to the Fall Board of Director's meeting.
 - 4) Shall develop financial policies for the Society and assist chapters in doing the same.
- c. The Fiscal year of the Society shall run from the close of the House of Delegates one year to the close of the House of Delegates the next.
 - d. The accounts of the Society shall be audited annually following the close of the fiscal year by a committee composed of the Budget and Finance Chair and two other members from the Board with the Treasurer in attendance for consultation. A copy of this audit shall be made available to members for review.

3. BY LAW COMMITTEE:

- a. Shall be composed of a chair and at least two members. The Parliamentary Advisor may meet with the Committee as an advisor without vote.

- b. Chair requests and receives proposed bylaws amendments from component Chapters and the NSMA Board two weeks prior to the fall NSMA Board Meeting.
 - c. Chair will review each proposed bylaws amendment for proper format and wording, check for budgetary impact, check for conflicts and accuracy of information with AAMA Bylaws and/or *Robert's Rules of Order Newly Revised*. Check for impact to other sections of the NSMA Bylaws and redundancy.
 - d. After evaluation, the Chair will edit and make recommendations with listed rationale to the Board. The Board will vote to adopt, not adopt, or take no position with each submitted proposal. The Board retains the right to withdraw a proposal for further investigation and/or debate.
 - e. The proposed bylaws amendments will be typed by the Chair and submitted to the Speaker of the House 60 days prior to the annual meeting for placement in the Delegates packet.
 - f. Chair and committee members will be available for questions at the vote in the House of Delegates.
 - g. Chair shall examine the Bylaws of newly organized chapters and review proposed changes of component Chapter bylaws to determine conformity with NSMA and AAMA.
 - h. Chair shall annually review the Standing Rules and present recommendations to amend to the Board as needed. Shall see that current Standing Rules are printed on a separate page appended to the Bylaws and copies made available to the membership.
 - i. Chair shall, at the conclusion of term, prepare a current revised edition of the Bylaws and arrange for printing and distribution of either the entire revised edition or the adopted amendments in cooperation with the Yearbook Committee.
 - j. Chair shall forward copies of NSMA bylaws to AAMA for review and approval when requested.
- 4. CERTIFICATION COMMITTEE:**
- a. The Certification Committee shall be composed of a Chair and a member from each Chapter. The Chair shall be a CMA and, if possible, each Committee member shall also be a CMA.
 - b. **Duties:**
 - 1) Shall work with a liaison member of the Certifying Board of AAMA to help disseminate information and answer questions regarding CMA examinations and re-validation.
 - 2) Shall maintain files to contain:
 - (a) Updated listings of active CMAs in the State of Nebraska and the year certification earned and re-validated.
 - (b) Current brochures and information regarding CMA's.
- 3) Shall answer correspondence regarding deadlines for applications or eligibility requirements, certification and re- validation.
 - 4) Shall keep chapters informed regarding changes in certification programs and the availability of new materials which individuals may secure from the Certifying Board.
 - 5) Shall recognize newly certified and re-validated CMAs at the banquet at the Annual State Convention.
- 5. CONVENTION COMMITTEE:**
- a. The Chair of this committee shall be appointed by the Host Chapter.
 - b. This Committee shall organize the Annual State Meeting under the supervision of the State President and Board of Directors.
- 6. CONTINUING EDUCATION COMMITTEE:**
- a. The Continuing Education Committee shall be composed of a Chair and the Education Chair currently serving each respective chapter of this Society.
 - 1) Shall be responsible for cooperating with other State Societies and educational institutions in receiving CMA, CEUs through AAMA.
 - 2) At the end of the Chair's term, shall be responsible for notifying each State Society and education institution of the incoming Chair's name and address.
 - 3) Shall cooperate with educational institutions in their planning of suitable courses to promote the objectives of AAMA and participate in career days.
 - 4) Shall, in consultation with the State President and Board of Directors, plan for educational workshops as needed.
 - 5) Shall be available to assist the hosting Chapter of Annual Convention for educational sessions.
- 7. ARCHIVES:**
- a. Shall collect a State Convention booklet.
 - b. Shall take possession of the Proclamation following the House of Delegates.
 - c. Shall have a camera at convention or designate a person to take pictures.
 - d. Collect all Med-A-Gram and Membership Rosters.
- 8. LIAISON COMMITTEE:**
- a. Shall be composed of a Chair and a member from each respective chapter of this Society.
 - 1. Shall establish and maintain a working relationship with the Nebraska county medical societies and coordinate communication with local chapters.
 - 2. Shall communicate with and solicit support for this Society from the Nebraska Medical Association.
 - 3. Shall monitor and affirm that member needs are being effectively addressed through the Society.

4. Shall manage the selection of the Educator Advisory Board by mailing letters of invitation to each CAAHEP accredited medical assisting school Program Director in the state. This courtesy position is without vote but allows the school to place items on the meeting agenda. Advisory Board Members will receive written copies of NSMA Board minutes and meeting notices.

9. MEMBERSHIP COMMITTEE:

- a. The Membership Committee shall be composed of a Chair and a member from each respective Chapter of this Society.
- b. **Duties:**
 1. Maintain files of all CMA members and non-members.
 2. Shall devise ways and means of increasing the membership of the Nebraska Society.
 3. Shall promote, expand, stabilize and orient the membership of this Society by assisting the Chapters and organizing new chapters.
 4. Shall keep the members informed of the activities of the American Association of Medical Assistants.

10. MENTOR COMMITTEE

- a. The Chair of the Mentoring Committee shall understand the organizational structure of NSMA and all local chapters.
- b. **Duties:**
 1. Shall oversee the procedures used for Mentoring State and Chapter members.
 2. Shall prepare Certified Medical Assistants to run for an office or serve as a committee chair on state or local level.
 3. Shall monitor and share Mentoring information from the AAMA with all members.

11. NOMINATING COMMITTEE

- a. The Chair shall be the Vice Speaker of the House. (Approved by the Board of Directors.)
- b. Each component Chapter shall elect one member and one alternate to the nominating committee for a term of one year and report the names to the Chair before October 1st.
- c. Chair shall send a letter to each Committee member and copy to the Chapter President requesting assistance in searching for prospective nominees for State Officers and Delegates to National Convention.
- d. Chair shall screen and examine all nominees for eligibility and notify each qualified candidate of their nomination. Chair shall maintain confidentiality until the slate of candidates is officially presented to the Speaker.
- e. Chair must monitor that each nominee replies with a written acceptance, copy of professional C.V. and endorsement signed by two officers from the candidates Chapter or, in the case of a member-at-large, by two elected officers of NSMA.

- f. Chair shall submit a final written report presenting the slate of verified candidates and appropriate documents to the Speaker of the House 60 days before the Annual Meeting for inclusion in the Delegates packet.
- g. The Chair shall prepare and present the official ballot of candidates at the House of Delegates and verify qualifications of nominees submitted from the floor. Any candidate so nominated must meet the same qualifications, obtain written acceptance and approval required for all nominees.

12. PUBLIC AFFAIRS

- a. The Public Affairs Committee shall be composed of three members, the Chair preferably being from the Capital City.
- b. **Duties:**
 - 1) Shall keep the members of this Society informed via communications to chapters and members-at-large on proposed state and federal legislation pertaining to the medical and allied professions.
 - 2) Shall recommend policy and action concerning state and federal legislation.

13. MARKETING COMMITTEE

- a. The Marketing Committee shall be composed of a Chair and a member from each respective Chapter of this Society.
- b. **Duties:**
 - 1) Shall coordinate all efforts at building a program which will broaden the contacts of this Society.
 - 2) Shall interpret the object of the American Association of Medical Assistants, through communications to direct press, radio, and television media of the state, and encourage Chapters to do likewise.
 - 3) Shall study and participate in ways and means of acquainting the general public with functions and services of the National, State and local levels of American Association of Medical Assistants.
 - 4) Shall prepare publicity statements for release to the media at the time of convention and meetings of the Board of Directors.

15. AWARDS COMMITTEE

- a. The Awards Committee shall consist of a Chair and a member from each chapter.
- b. **Duties:**
 1. Shall receive nominations and supporting documents regarding Medical Assistant of the Year.
 2. Shall write the three State Medical Board Advisors, the Executive Secretary of the Nebraska Medical Association, and the Executive Secretary of a County Medical Society to verify their willingness to serve on the panel of judges. Should any of the above wish not to serve, another physician or staff member of Nebraska Medical Association or a County Medical Society staff member may be asked to serve.

3. Names and supporting information should be sent to the Committee for their selection.
4. Obtain the plaque (paid for by NSMA) which will be presented at the Installation Banquet by the Recognition Committee Chair or a member of his/her choice.
5. Shall receive names and supporting data for recipients of Special Recognition Certificates. According to the guidelines established in the Standing Rules. Shall present or identify a presenter of the certificates.
6. Shall solicit and submit entries for the annual AAMA EXCEL awards competition which honors the achievements of excellence when notified by the State President that the official call for entries has been issued.

G. SPECIAL COMMITTEES

Special Committee Chairs, to perform specific business of this Society may be appointed. They shall be disbanded upon completion of their duties.

- a. These Committee Chairs have no votes on the Board of Directors unless they are voting members in another capacity.

ARTICLE XII REPRESENTATION DELEGATES TO AAMA CONVENTION

- A. Elections are conducted at the House of Delegates. The current President and President Elect are automatically the first two delegates. The Vice-President is automatically the first alternate delegate. The next in rank according to votes cast completes the delegation. The total number of representatives is mandated by AAMA.
- B. Delegates and alternates shall be active or life members in good standing in AAMA and have served as an NSMA officer or Committee Chair.
- C. All Delegates/Alternate Delegates must abide by the established Standing Rules.
- D. The names of delegates and alternates shall be submitted to the Executive Office at least 90 days prior to the Annual Meeting of the House of Delegates.

ARTICLE XIII STATE MEDICAL ADVISORY BOARD

The State Medical Advisory Board shall consist of three members named by the President-Elect, two of which shall be physicians and the third may be a mid-level practitioner (Nurse Practitioner, Physician Assistant, or Midwife) if so

desired, whose appointment will be approved by the Board of Directors at the post-convention meeting. They will serve for a period of one year. (Any of them may serve for more than the appointed term, but must be appointed and approved annually.

1. Duties:

- a. Shall be familiar with and promote the goals and objectives of NSMA.
- b. Shall encourage membership and certification awareness through direct endorsements and by acting as liaison with the Nebraska Medical Association.
- c. Shall provide guidance in continuing education program planning, and speak at workshops or seminars as requested.
- d. Shall serve on the panel of judges for the Nebraska Medical Assistant of the Year Award.

ARTICLE XIV PARLIAMENTARY AUTHORITY

The rules contained in **Robert's Rules of Order, Newly Revised**, shall govern this Society in all cases to which they are applicable, and in which they are not inconsistent with the By Laws of this Society.

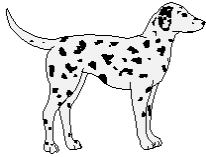
ARTICLE XV AMENDMENTS

Proposed amendments to these By Laws shall be submitted in writing to the President, President-Elect, Speaker of the House, and to the President of each component Chapter, sixty (60) days before the Annual Meeting. The Speaker of the House will include them in the delegate's packet that is sent to all members of the House of Delegates thirty (30) days prior to the Annual Meeting. These By Laws may be revised only upon authorization of the House of Delegates. This proposed revision is to be submitted in the same manner as outlined for proposed amendments. Any amendments shall be approved by a two-thirds vote.

ARTICLE XVI ASSETS OF DISSOLUTION

In the event of dissolution of this Society, none of the assets shall be distributed to any member; After payment of all liabilities, assets shall be transferred to medical or charitable institutions or projects, that a majority of the members attending a meeting for the purpose of dissolution shall approve and designate.

The President shall notify the AAMA Executive Office no later than ten (10) days after meeting for the purpose of voting on dissolution.



STANDING RULES FOR NSMA DELEGATES TO AAMA CONVENTION

Adopted by NSMA Board of Directors, September 28, 1980

Revised April 28, 2006

Delegates, by definition of the Nebraska Society of Medical Assistants, are elected representatives with the authority to act as the voting body of the entire membership of this constituent Society of the American Association of a Medical Assistants. Following are the expectations and guidelines adopted by this Society for the privilege of this position.

1. Delegates/alternate delegates are to be fully registered and present prior to the opening session of the annual meeting.
2. Attendance is required at the House of Delegates including Reference Committees, the Leadership Training Sessions and the Board of Trustee meetings convened during registered convention dates. All delegates/alternate delegates will attend the Advisory Council of Presidents and Presidents Elect. There will be mandatory attendance at all official meal functions and award ceremonies. Participation in educational sessions are strongly encouraged but at the selection of the individual and must not conflict with above mandatory attendance.
3. Delegates/alternate delegates are expected to study and be familiar with the Delegate packet prior to the Summer NSMA Board Meeting in order to bring the Board's attention to pertinent information and solicit the majority recommended actions. This should include highlights of year-end reports and By Laws amendment proposals.
4. Delegates/alternate delegates must write individual written reports that summarize and highlight all mandatory functions to include specific actions and resolutions from the House issues discussed at the BOT meeting and information presented at the Leadership Training Sessions plus major award recipients. This report will be submitted to the State President to be condensed.
5. The condensed report will be submitted to the Publication chair for inclusion in the next state publication. Copies of each individual report along with the condensed report will be made available to members of the Board of Directors at the next meeting for review.
6. It is the responsibility of this delegation to bring back a copy of each "AAMA Convention Daily" newsletter, an official copy of the program agenda and pertinent photos (properly dated and identified) for the State Historian.
7. REIMBURSEMENT ISSUES: Potential candidates need to have information on reimbursable expenses before making a commitment. To accommodate this, this expense allotment for delegates and/or alternate delegates will be determined each year based on current financial allowances during the Fall meeting of the Board of Directors. It is the goal of this Society to provide this opportunity to as many members as possible without undue financial strain on any one qualified representative total expenses must be kept within budgeted amounts:
 - a) The full registration fee will be paid by NSMA for each delegate and/or alternate delegates
 - b) If an employer pays any /all of the convention expenses (including registration) this amount will not be duplicated for reimbursement.

- c) Hotel room rates will be reimbursed based on a minimum of double occupancy for the nights of convention plus either arrival or departure night. If three or more choose to share a room each individual will be reimbursed only for that individual's amount.
- d) There will be reimbursement for the lowest round trip coach airfare available to any location where the driving distance to convention is greater than six hours. Ground transportation fees from airport to hotel are reimbursable
- e) If personal automobiles are used, reimbursement will be based on the current rate of per mile expense ratio used by IRS (obtained through AAMA) Vehicle parking fees may be submitted. Car-pooling will be utilized whenever possible
- f) Itemized statements with original receipts must be submitted to the State Treasurer within two weeks after the close of convention
- g) Prepayments will be made upon request with verification at completion of travel. Any amount paid in advance in excess of actual expenses must be returned to the Society
- h) ITEMS NOT COVERED FOR REIMBURSEMENT include but are not limited to room service personal phone calls, tour packages, alcohol, personal entertainment, tips and gratuities.

NSMA STANDING RULES

Adopted by the NSMA Board of Directors
Revised April 28, 2006

1. The President-Elect obtains from the Treasurer, a President's pin and presents it to the outgoing resident at the State Convention, with the State Society paying for the pin and engraving.
2. The President buys and presents a gift to the National Representative at the Saturday luncheon or banquet of the State Convention, with the State Society paying for the gift.
3. Bids for State Convention will be accepted three years in advance.
4. The President-Elect shall purchase the President's corsage at the National Convention and will be reimbursed by the State Society.
5. The State Treasurer should make a comparison report with the budget at the end of the year to March 1st of the current year. A current list will be submitted to the Chair of the Budget and Finance Committee.
6. State dues are \$8.00 per year and National dues are (\$68) in the medium range unless changed by State and/or National House of Delegates.
7. Past State President and escorts are to be invited to the banquet of State Convention at their own expense.
8. Host Chapter of the State Convention purchases and presents a corsage to the National Representative and will be reimbursed from the Convention Fund.
9. Recording Secretary orders and retains all State Stationery.
10. Treasurer maintains all National, State and President's pins with accounting given in the annual report.
11. Convention Chair sees that the Annual State Convention registration material is sent to all surrounding states, with a letter of invitation to accompany, and addresses are found in the CMA Today.
12. By Laws Chair of this Society should see that additions, deletions or other changes in the Standing Rules approved by the Board of Directors are presented to the House of Delegates at the Annual State Convention for their edification. A copy of the same shall be sent to each Chapter President.
13. Bank account of NSMA will be maintained in a bank of the Treasurer's choice in the city in which she/he resides.
14. No smoking at NSMA education functions or business meetings.
15. All committees and officers shall have a folder with the duties of that particular committee or office, and neither the materials nor any information shall be destroyed without the approval of the Board of Directors.
16. The State Medical Advisory Board will be included and informed of all activities of this society. They shall be invited by special invitation (along with a guest and at the Society's expense) to the Installation Banquet at the Annual Meeting. Their names shall be placed on the Society's mailing list for all publications and meeting notices
17. Each Chapter may submit to the Awards Chair up to three names accompanied by a letter that highlights special achievements and/or efforts. All Medical Assistants of the Year nominee runner-ups are automatically given Special Recognition Certificates.
18. A nominee who has been a recipient of The Medical Assistant of the Year award shall not be eligible to be nominated until after a lapse of ten years.
19. NSMA convention registration fee for nonmembers shall be (at a minimum) the cost of tri-level membership plus the registration fee that is set for members. NSMA convention registration fee for student members shall be the cost of meals rounded up to the next dollar.
20. The condensed delegates report from the previous AAMA convention shall be printed in the NSMA delegate packet annually.
21. NSMA DONATION POLICY: It is the policy of NSMA (when funds allow) to donate annually to the AAMA Maxine Williams Fund, the AAMA Site Surveyor Fund, and the AAMA Convention Education Fund. All other charitable solicitations for NSMA funds must come before the BOD for prior approval.
22. The incoming President will be allowed two courtesy meal tickets at the NSMA annual convention installation ceremony.
23. Immediately following the NSMA HOD, the Bylaws chair is responsible for updating and revising the original copy. The President and Speaker of the House should examine for accuracy and give approval. Amended editions of the Bylaws are to bear the date of revision and the names of committee members. Final copy is given to the Editorial Chair for print in the Med-A-Gram that will be distributed to all members. It is the responsibility of each BOD member to retain copies of approved proposals from the HOD to ensure that they are utilizing the most current information until a revised copy is received. It is the responsibility of the Bylaws Chair to comprise AAMA mandated Bylaws changes with copies of revised NSMA Bylaws returned to AAMA within 30 days of notification. A letter of compliance will be returned and is required to allow Nebraska delegates to sit at the AAMA HOD.

The Allure of the Avocado

Avocados are rich, creamy and filling. Although they're often shunned for being "fattening" (they average about 300 calories each, most from fat), avocados are actually heart-healthy if you eat them in moderation. Their oils are mostly monounsaturated--the kind that lowers LDL (bad) cholesterol but maintains HDL (good) cholesterol. Many people think avocados have cholesterol, but no plant foods do.

Native to Central America, avocados are actually fruits, with a large seed. The Aztecs named them "ahuacatl." The Spanish conquerors simplified the name to "aguacate," from which the English word was derived. In present day Mexico, they're aptly nicknamed "butterfruit." The most popular variety in the U.S. is the pebbly skinned Hass from California, which turns nearly black when ripe. The larger, smooth-skinned Florida variety is juicier and less oily.

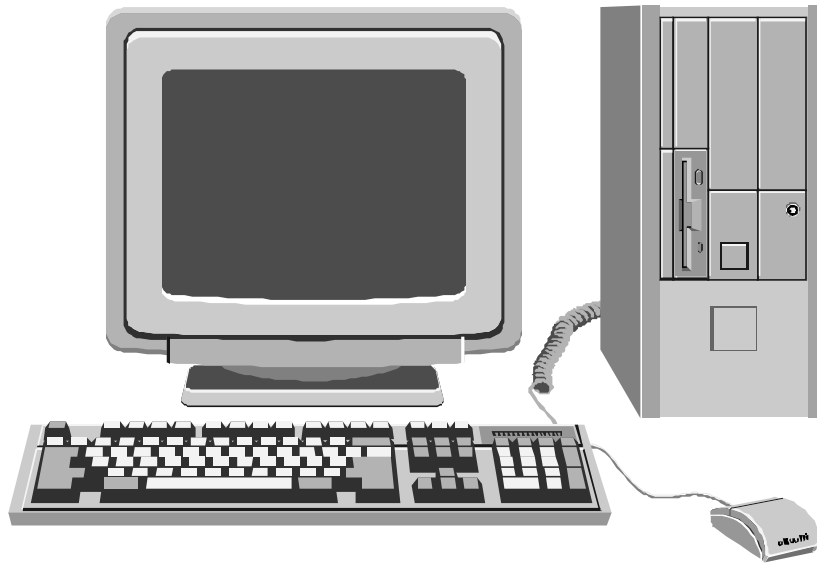
Other good news about avocados. Avocados provide important nutrients, including folate, vitamin C and E, and potassium, as well as fiber (about 12 grams in each). Their phytochemicals include beta-sitosterol (a sterol that lowers cholesterol, similar to what's in Benecol margarine), glutathione (an antioxidant that may help protect against certain cancers), and lutein (a carotenoid that may help protect against macular degeneration and cataracts). Recent research from Ohio State University showed that avocados can significantly boost absorption of carotenoids from other foods, suggesting you should add a bit of avocado to your salads in place of less-healthy toppings.

How to handle an avocado. Avocados ripen about a week after picking. Put them in a paper bag to speed up the process. Wash them before cutting. Use avocados in dips, as a spread, and in place of ingredients that have more saturated fat. For every ounce of butter replaced with avocado, you'll save about 150 calories and 18 grams of fat; for every ounce of cream cheese, you'll save 50 calories and 5 grams of fat.

5 Amazing Allergy Facts

1. Hay fever sufferers should wash their hair at night. **Reason:** They'll remove any pollen and keep it from settling on pillows and bedding. Also: Avoid common irritants like tobacco smoke, automobile exhaust, hair spray and perfume...wash hands frequently...venture outdoors only when pollen counts are low.
2. The best time to take an antihistamine, which helps block allergic reactions, is before symptoms surface. **Just remember:** Antihistamines can cause drowsiness, so never take one any time safety requires you to be alert. **Suggestion:** Ask your doctor about the newer types that cause less drowsiness.
3. Australian researchers found a simple solution if you're allergic to dust mites and suspect your area rugs make you sneeze and itch: Place the rug outdoors in direct sunlight for a few hours. **How it works:** Airing out rugs and other household items dries and heats them--exterminating mites.
4. Moving to another location is no guarantee of relief for allergy sufferers. **Why:** They usually develop allergies to their new region's pollens and molds within a few years of moving. **Plus:** Most allergy provoking grasses are widespread throughout the world.
5. As many as 20% of Americans believe they have a food allergy..but less than 1% really do. Most food "allergies" are actually signs of digestive problems, food poisoning or stress.

AAMA's Website Extreme Makeover



Have you visited the "extreme makeover" of the AAMA's website?

As of September 2004, the site now offers even more useful information for specific visitors like physicians, medical office managers, medical assisting program directors and students.

Improved navigation, greater interactivity and a new design advances the AAMA's website into the 21st century. Now anyone can access important articles published in the *CMA Today*, find out about competitive salaries, see how many CEUs you have acquired and when you are due for recertification. Employers can check if a CMA's credential is current. Program directors and state and chapter leaders can visit a special section on the site filled with AAMA-sponsored materials and tools.

The AAMA will be implementing the second phase of the website's enhancement to provide additional benefits, including an e-commerce component. Once this phase is complete, visitors logging on will be able to purchase continuing education materials, professional recognition products and more.

To tour the members only section, make sure you have your I.D. number. It is the five digit number found on your membership card and on the top line of the mailing label on your *CMA Today*. Log on today and see what it's all about.